

| Pl | Stno | Name | Club | Pts | Time |
|---|------|----------------------------|------|-----|---------|
| M 17/39 (9) 720:00 min 1 C 1 Pts | | | | | |
| 1 | 227 | Gareth Lloyd | | 1 | 52:38 |
| | | 101(1) F | | | |
| | | 30:23 52:38 | | | |
| | | 30:23 22:15 | | | |
| 2 | 193 | Richard Clarke | | 1 | 54:25 |
| | | 101(1) F | | | |
| | | 31:17 54:25 | | | |
| | | 31:17 23:08 | | | |
| 3 | 217 | Ed Jones | | 1 | 57:14 |
| | | 101(1) F | | | |
| | | 33:24 57:14 | | | |
| | | 33:24 23:50 | | | |
| 4 | 220 | John Kerry-Williams | | 1 | 59:04 |
| | | 101(1) F | | | |
| | | 34:02 59:04 | | | |
| | | 34:02 25:02 | | | |
| 5 | 267 | Nathan Williamson | | 1 | 1:05:44 |
| | | 101(1) F | | | |
| | | 39:04 1:05:44 | | | |
| | | 39:04 26:40 | | | |
| 6 | 199 | Jerome Delannoy | | 1 | 1:08:05 |
| | | 101(1) F | | | |
| | | 39:50 1:08:05 | | | |
| | | 39:50 28:15 | | | |
| 7 | 181 | Mark Bloxham | | 1 | 1:09:31 |
| | | 101(1) F | | | |
| | | 40:04 1:09:31 | | | |
| | | 40:04 29:27 | | | |
| 8 | 230 | Paul Martin | | 1 | 1:09:37 |
| | | 101(1) F | | | |
| | | 40:08 1:09:37 | | | |
| | | 40:08 29:29 | | | |
| 9 | 235 | Jon Moulding | | 1 | 1:18:40 |
| | | 101(1) F | | | |
| | | 45:40 1:18:40 | | | |
| | | 45:40 33:00 | | | |

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|---|-----|-----------------------|--|---|---------|
| MV 40/49 (12) 720:00 min 1 C 1 Pts | | | | | |
| 1 | 225 | Drew Linley | | 1 | 55:21 |
| | | 101(1) F | | | |
| | | 32:04 55:21 | | | |
| | | 32:04 23:17 | | | |
| 2 | 243 | Neil Read | | 1 | 1:03:11 |
| | | 101(1) F | | | |
| | | 36:53 1:03:11 | | | |
| | | 36:53 26:18 | | | |
| 3 | 203 | Conor Donnelly | | 1 | 1:03:30 |
| | | 101(1) F | | | |
| | | 36:56 1:03:30 | | | |
| | | 36:56 26:34 | | | |
| 4 | 215 | Lewis Jackson | | 1 | 1:06:33 |
| | | 101(1) F | | | |
| | | 39:42 1:06:33 | | | |
| | | 39:42 26:51 | | | |
| 5 | 201 | Adrian McCrea | | 1 | 1:06:48 |
| | | 101(1) F | | | |
| | | 39:47 1:06:48 | | | |
| | | 39:47 27:01 | | | |
| 6 | 265 | Peter Williams | | 1 | 1:10:17 |
| | | 101(1) F | | | |
| | | 40:29 1:10:17 | | | |
| | | 40:29 29:48 | | | |
| 7 | 208 | Tom Gifford | | 1 | 1:13:54 |
| | | 101(1) F | | | |
| | | 41:57 1:13:54 | | | |
| | | 41:57 31:57 | | | |
| 8 | 76 | Simon Jackson | | 1 | 1:15:21 |
| | | 101(1) F | | | |
| | | 42:46 1:15:21 | | | |
| | | 42:46 32:35 | | | |
| 9 | 221 | Brian Kitson | | 1 | 1:19:00 |
| | | 101(1) F | | | |
| | | 45:28 1:19:00 | | | |
| | | 45:28 33:32 | | | |
| 10 | 192 | Glen Chandler | | 1 | 1:19:33 |
| | | 101(1) F | | | |
| | | 45:41 1:19:33 | | | |
| | | 45:41 33:52 | | | |
| 11 | 185 | Rob Brooks | | 1 | 1:22:04 |
| | | 101(1) F | | | |
| | | 46:10 1:22:04 | | | |
| | | 46:10 35:54 | | | |
| 12 | 260 | Simon Walker | | 1 | 1:24:18 |
| | | 101(1) F | | | |
| | | 49:43 1:24:18 | | | |
| | | 49:43 34:35 | | | |

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| 1 | 234 Keith Montgomery | 1 | 1:10:52 |
| | 101(1) F | | |
| | 40:51 1:10:52 | | |
| | 40:51 30:01 | | |
| 2 | 245 Bryn Roberts | 1 | 1:12:17 |
| | 101(1) F | | |
| | 41:30 1:12:17 | | |
| | 41:30 30:47 | | |
| 3 | 247 Peter Robinson | 1 | 1:19:28 |
| | 101(1) F | | |
| | 45:39 1:19:28 | | |
| | 45:39 33:49 | | |
| 4 | 248 Neil Roden | 1 | 1:27:47 |
| | 101(1) F | | |
| | 49:42 1:27:47 | | |
| | 49:42 38:05 | | |

L 17/39 (11) 720:00 min 1 C 1 Pts

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|----|------------------------------|---|---------|
| 1 | 228 Helen Longden | 1 | 56:29 |
| | 101(1) F | | |
| | 33:08 56:29 | | |
| | 33:08 23:21 | | |
| 2 | 175 Ava Holden | 1 | 59:29 |
| | 101(1) F | | |
| | 34:44 59:29 | | |
| | 34:44 24:45 | | |
| 3 | 246 Chloe Roberts | 1 | 1:06:07 |
| | 101(1) F | | |
| | 38:36 1:06:07 | | |
| | 38:36 27:31 | | |
| 4 | 31 Claire Cologne | 1 | 1:07:34 |
| | 101(1) F | | |
| | 39:03 1:07:34 | | |
| | 39:03 28:31 | | |
| 5 | 229 Joanne Mallinson | 1 | 1:09:48 |
| | 101(1) F | | |
| | 40:35 1:09:48 | | |
| | 40:35 29:13 | | |
| 6 | 259 Ella Vogel | 1 | 1:10:26 |
| | 101(1) F | | |
| | 41:19 1:10:26 | | |
| | 41:19 29:07 | | |
| 7 | 211 Michelle Hazleton | 1 | 1:13:39 |
| | 101(1) F | | |
| | 42:16 1:13:39 | | |
| | 42:16 31:23 | | |
| 8 | 204 Elva Donnelly | 1 | 1:15:39 |
| | 101(1) F | | |
| | 43:40 1:15:39 | | |
| | 43:40 31:59 | | |
| 9 | 186 Claire Brown | 1 | 1:17:31 |
| | 101(1) F | | |
| | 44:33 1:17:31 | | |
| | 44:33 32:58 | | |
| 10 | 251 Leanne Sargeant | 1 | 1:21:53 |
| | 101(1) F | | |
| | 47:53 1:21:53 | | |
| | 47:53 34:00 | | |
| 11 | 178 Harley Beecroft | 1 | 1:22:26 |
| | 101(1) F | | |
| | 46:46 1:22:26 | | |
| | 46:46 35:40 | | |

LV 40/49 (12) 720:00 min 1 C 1 Pts

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|---|-------------------------------|---|---------|
| 1 | 216 Emma Jarrett | 1 | 1:03:10 |
| | 101(1) F | | |
| | 36:36 1:03:10 | | |
| | 36:36 26:34 | | |
| 2 | 210 Claire Hart-Oakes | 1 | 1:13:53 |
| | 101(1) F | | |
| | 43:02 1:13:53 | | |
| | 43:02 30:51 | | |
| 3 | 222 Silke Krieger-Ford | 1 | 1:17:16 |
| | 101(1) F | | |
| | 45:51 1:17:16 | | |
| | 45:51 31:25 | | |
| 4 | 190 Karen Chalmers | 1 | 1:18:40 |
| | 101(1) F | | |
| | 45:41 1:18:40 | | |
| | 45:41 32:59 | | |
| 5 | 176 Sarah Allen | 1 | 1:20:26 |
| | 101(1) F | | |
| | 46:47 1:20:26 | | |
| | 46:47 33:39 | | |
| 6 | 196 Jennifer Cutts | 1 | 1:20:33 |
| | 101(1) F | | |
| | 46:53 1:20:33 | | |
| | 46:53 33:40 | | |
| 7 | 249 Sarah Jayne Rose | 1 | 1:21:43 |
| | 101(1) F | | |
| | 47:06 1:21:43 | | |
| | 47:06 34:37 | | |
| 8 | 184 Charlotte Brooks | 1 | 1:22:08 |
| | 101(1) F | | |
| | 46:14 1:22:08 | | |
| | 46:14 35:54 | | |
| 9 | 264 Lynette Westcott | 1 | 1:24:26 |

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|-----------|----------------------------|---------|----------|----------------|
| | 101(1) | F | | |
| | 49:46 | 1:24:26 | | |
| | 49:46 | 34:40 | | |
| 10 | 213 Colette Holden | | 1 | 1:26:49 |
| | 101(1) | F | | |
| | 50:06 | 1:26:49 | | |
| | 50:06 | 36:43 | | |
| 11 | 250 Carol Rushworth | | 1 | 1:27:10 |
| | 101(1) | F | | |
| | 49:40 | 1:27:10 | | |
| | 49:40 | 37:30 | | |
| 12 | 187 Susanna Brown | | 1 | 1:39:51 |
| | 101(1) | F | | |
| | 56:02 | 1:39:51 | | |
| | 56:02 | 43:49 | | |

LV 50+ (6) 720:00 min 1 C 1 Pts

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|----------|--------------------------------|---------|----------|----------------|
| 1 | 256 Tracy Spencer | | 1 | 1:27:10 |
| | 101(1) | F | | |
| | 49:45 | 1:27:10 | | |
| | 49:45 | 37:25 | | |
| 2 | 189 Lisa Camm | | 1 | 1:27:53 |
| | 101(1) | F | | |
| | 49:46 | 1:27:53 | | |
| | 49:46 | 38:07 | | |
| 3 | 258 Hayley Verney-Agnew | | 1 | 1:28:43 |
| | 101(1) | F | | |
| | 52:09 | 1:28:43 | | |
| | 52:09 | 36:34 | | |
| 4 | 266 Jo Young | | 1 | 1:39:50 |
| | 101(1) | F | | |
| | 55:56 | 1:39:50 | | |
| | 55:56 | 43:54 | | |
| 5 | 195 Michele Cottiss | | 1 | 1:46:19 |
| | 101(1) | F | | |
| | 1:00:46 | 1:46:19 | | |
| | 1:00:46 | 45:33 | | |
| 6 | 242 Alison Raynor | | 1 | |
| | 101(1) | F | | |
| | 37:33 | | | |
| | 37:33 | | | |