Results for Autumn Trail Run Series - R3 - Buxton - Long - 17 Nov 2019
Class Results

## Long F

## Split Times

16.3km 523m

| Pos | Name | Time | S Start | 1 FS CP | F Finish |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 1st | Lucy Wasinski Glossopdale Harriers | 01:26:26 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:51:43 (1st) } \\ & \text { 00:51:43 (1st) } \end{aligned}$ | $\frac{01: 26: 26}{00: 34: 43}\left(\frac{1 \text { st }}{}(2 \mathrm{nd})\right.$ |
| 2nd | Laura Goy | 01:28:10 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:54:15 (2nd) } \\ & \text { 00:54:15 (2nd) } \end{aligned}$ | $\begin{aligned} & \text { 01:28:10 (2nd) } \\ & \underline{00: 33: 55 ~(1 s t) . ~} \end{aligned}$ |
| 3rd | Jamie Whittaker Erewash Valley RC | 01:35:45 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:55:38 (3rd) } \\ & 00: 55: 38 \text { (3rd) } \end{aligned}$ | $\begin{aligned} & \text { 01:35:45 (3rd) } \\ & \text { 00:40:07 (3rd) } \end{aligned}$ |
| 4th | Gretel Hardwick Holme Pierrepont RC | 01:43:17 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:01:56 (6th) } \\ & \text { 01:01:56 (6th) } \end{aligned}$ | $\begin{aligned} & \text { 01:43:17 (4th) } \\ & 00: 41: 21 \text { (4th) } \end{aligned}$ |
| 5th | Danielle De Simone GoodGym Race Team | 01:43:22 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:01:31 (4th) } \\ & \text { 01:01:31 (4th) } \end{aligned}$ | $\begin{aligned} & \text { 01:43:22 (5th) } \\ & 00: 41: 51 \text { (5th) } \end{aligned}$ |
| 6th | Sally Hale (no club) | 01:44:26 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:01:52 (5th) } \\ & \text { 01:01:52 (5th) } \end{aligned}$ | $\begin{aligned} & \text { 01:44:26 (6th) } \\ & \text { 00:42:34 (7th) } \end{aligned}$ |
| 7th | Daniela Heeg | 01:44:30 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:02:35 (7th) } \\ & \text { 01:02:35 (7th) } \end{aligned}$ | $\begin{aligned} & \text { 01:44:30 (7th) } \\ & 00: 41: 55 \text { (6th) } \end{aligned}$ |
| 8th | Charlotte Birch Sheffield Triathlon Club | 01:47:40 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:03:38 (9th) } \\ & \text { 01:03:38 (9th) } \end{aligned}$ | $\begin{aligned} & \text { 01:47:40 (8th) } \\ & \text { 00:44:02 (9th) } \end{aligned}$ |
| 9th | Sarah Nutt | 01:48:13 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:03:31 (8th) } \\ & \text { 01:03:31 (8th) } \end{aligned}$ | $\begin{aligned} & \text { 01:48:13 (9th) } \\ & \text { 00:44:42 (10th) } \end{aligned}$ |
| 10th | Heather Haggis <br> London City Athletics Club | 01:50:21 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:05:26 (10th) } \\ & \text { 01:05:26 (10th) } \end{aligned}$ | $\begin{aligned} & \text { 01:50:21 (10th) } \\ & \text { 00:44:55 (11th) } \end{aligned}$ |
| 11th | Fleur Jones Smiley Paces | 01:52:23 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:06:26 (11th) } \\ & \text { 01:06:26 (11th) } \end{aligned}$ | $\begin{aligned} & \text { 01:52:23 (11th) } \\ & \text { 00:45:57 (12th) } \end{aligned}$ |
| 12th | Emma Lindle | 01:53:37 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:09:41 (16th) } \\ & \text { 01:09:41 (16th) } \end{aligned}$ | $\begin{aligned} & \text { 01:53:37 (12th) } \\ & \text { 00:43:56 (8th) } \end{aligned}$ |
| 13th | Kate Metcalfe Glossopdale Harriers | 01:55:16 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:08:51 (14th) } \\ & \text { 01:08:51 (14th) } \end{aligned}$ | $\begin{aligned} & \text { 01:55:16 (13th) } \\ & \text { 00:46:25 (13th) } \end{aligned}$ |
| 14th | Katherine Sambrooks Steel City Striders RC | 01:55:42 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:08:29 (13th) } \\ & \text { 01:08:29 (13th) } \end{aligned}$ | $\begin{aligned} & \text { 01:55:42 (14th) } \\ & 00: 47: 13 \text { (14th) } \end{aligned}$ |
| 15th | Kate Owen | 01:58:03 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:08:01 (12th) } \\ & \text { 01:08:01 (12th) } \end{aligned}$ | $\begin{aligned} & \text { 01:58:03 (15th) } \\ & \text { 00:50:02 (16th) } \end{aligned}$ |
| 16th | Helen Robinson Lonely Goat RC | 02:03:03 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:15:49 (19th) } \\ & \text { 01:15:49 (19th) } \end{aligned}$ | $\begin{aligned} & \text { 02:03:03 (16th) } \\ & \text { 00:47:14 (15th) } \end{aligned}$ |
| 17th | Rachel Limbert (no club) | 02:08:28 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:09:16 (15th) } \\ & \text { 01:09:16 (15th) } \end{aligned}$ | $\begin{aligned} & \text { 02:08:28 (17th) } \\ & 00: 59: 12 \text { (23rd) } \end{aligned}$ |
| 18th | Lisa Jolly None | 02:11:09 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:14:04 (17th) } \\ & \text { 01:14:04 (17th) } \end{aligned}$ | $\begin{aligned} & \text { 02:11:09 (18th) } \\ & \text { 00:57:05 (20th) } \end{aligned}$ |
| 19th | Bryony Sibson | 02:12:00 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | 01:15:22 (18th) <br> 01:15:22 (18th) | $\begin{aligned} & \text { 02:12:00 (19th) } \\ & \text { 00:56:38 (19th) } \end{aligned}$ |
| 20th | Emily Johnson | 02:13:26 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:17:48 (20th) } \\ & \text { 01:17:48 (20th) } \end{aligned}$ | $\begin{aligned} & \text { 02:13:26 (20th) } \\ & \text { 00:55:38 (18th) } \end{aligned}$ |
| 21st | Hayley Sackett | 02:13:29 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:17:54 (21st) } \\ & 01: 17: 54 \text { (21st) } \end{aligned}$ | $\begin{aligned} & \text { 02:13:29 (21st) } \\ & 00: 55: 35 \text { (17th) } \end{aligned}$ |
| 22nd | Helen Robinson | 02:18:43 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:19:59 (22nd) } \\ & \text { 01:19:59 (22nd) } \end{aligned}$ | $\begin{aligned} & \text { 02:18:43 (22nd) } \\ & 00: 58: 44 \text { (22nd) } \end{aligned}$ |
| 23rd | Victoria Carter Mossley AFC Running Club | 02:19:02 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:21:10 (23rd) } \\ & \text { 01:21:10 (23rd) } \end{aligned}$ | $\begin{aligned} & \text { 02:19:02 (23rd) } \\ & 00: 57: 52 \text { (21st) } \end{aligned}$ |

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Pos Name
24th
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Esther Parry
Newark Striders Running Club

Time S Start $\quad 1$ FS CP
02:28:07 00:00:00 01:26:09 (24th) 02:28:07 (24th)
00:00:00 01:26:09 (24th) 01:01:58 (24th)

## Long FV40

## Split Times

16.3km 523m

| Pos | Name | Time | S Start | 1 FS CP | F Finish |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 1st | Lisa Deacon Notts AC | 01:30:19 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & 00: 52: 40 \\ & \text { 00:52:40 (1st) } \\ & \hline 1 \mathrm{st}) \end{aligned}$ | $\begin{aligned} & \text { 01:30:19 (1st) } \\ & \text { 00:37:39 (1st) } \end{aligned}$ |
| 2nd | Jessica Brooks Steel City Striders | 01:33:52 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:55:31 (2nd) } \\ & \text { 00:55:31 (2nd) } \end{aligned}$ | $\begin{aligned} & \text { 01:33:52 (2nd) } \\ & \text { 00:38:21 (2nd) } \end{aligned}$ |
| 3rd | Jennie Stevens Steel City Striders RC | 01:39:08 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:59:01 (3rd) } \\ & \text { 00:59:01 (3rd) } \end{aligned}$ | $\begin{aligned} & \text { 01:39:08 (3rd) } \\ & \text { 00:40:07 (4th) } \end{aligned}$ |
| 4th | Sally Hook | 01:39:43 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:00:06 (4th) } \\ & \text { 01:00:06 (4th) } \end{aligned}$ | $\begin{aligned} & \text { 01:39:43 (4th) } \\ & \text { 00:39:37 (3rd) } \end{aligned}$ |
| 5th | Alison Griffiths Smiley Paces | 01:42:41 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:01:17 (5th) } \\ & \text { 01:01:17 (5th) } \end{aligned}$ | $\begin{aligned} & \text { 01:42:41 (5th) } \\ & \text { 00:41:24 (5th) } \end{aligned}$ |
| 6th | Victoria Ferguson | 01:45:47 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:02:28 (6th) } \\ & \text { 01:02:28 (6th) } \end{aligned}$ | $\begin{aligned} & \text { 01:45:47 (6th) } \\ & \text { 00:43:19 (6th) } \end{aligned}$ |
| 7th | Victoria Hufton | 01:47:31 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:03:54 (9th) } \\ & \text { 01:03:54 (9th) } \end{aligned}$ | $\begin{aligned} & \text { 01:47:31 (7th) } \\ & \text { 00:43:37 (7th) } \end{aligned}$ |
| 8th | Caroline Burrell Unattached | 01:48:05 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:03:22 (7th) } \\ & \text { 01:03:22 (7th) } \end{aligned}$ | $\begin{aligned} & \text { 01:48:05 (8th) } \\ & \text { 00:44:43 (11th) } \end{aligned}$ |
| 9th | Melissa Day Disley Runners | 01:48:17 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:04:27 (12th) } \\ & \text { 01:04:27 (12th) } \end{aligned}$ | $\begin{aligned} & \text { 01:48:17 (9th) } \\ & \text { 00:43:50 (8th) } \end{aligned}$ |
| 10th | Louise Reynolds Individual | 01:48:24 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:04:11 (11th) } \\ & \text { 01:04:11 (11th) } \end{aligned}$ | $\begin{aligned} & \text { 01:48:24 (10th) } \\ & \text { 00:44:13 (9th) } \end{aligned}$ |
| 11th | Noa Diaz Disley Runners | 01:48:26 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:04:09 (10th) } \\ & \text { 01:04:09 (10th) } \end{aligned}$ | $\begin{aligned} & \text { 01:48:26 (11th) } \\ & \text { 00:44:17 (10th) } \end{aligned}$ |
| 12th | Louise Cook Smiley Paces | 01:49:39 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:03:50 (8th) } \\ & \text { 01:03:50 (8th) } \end{aligned}$ | $\begin{aligned} & \text { 01:49:39 (12th) } \\ & \text { 00:45:49 (12th) } \end{aligned}$ |
| 13th | Emma Gilbert Newark Striders Running Club | 01:52:42 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:05:59 (13th) } \\ & \text { 01:05:59 (13th) } \end{aligned}$ | $\begin{aligned} & \text { 01:52:42 (13th) } \\ & \text { 00:46:43 (14th) } \end{aligned}$ |
| 14th | Lisa Ashwood Disley Runners | 01:53:53 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:07:21 (14th) } \\ & \text { 01:07:21 (14th) } \end{aligned}$ | $\begin{aligned} & \text { 01:53:53 (14th) } \\ & \text { 00:46:32 (13th) } \end{aligned}$ |
| 15th | Caroline Payne Unattached | 01:57:10 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:09:38 (17th) } \\ & \text { 01:09:38 (17th) } \end{aligned}$ | $\begin{aligned} & \text { 01:57:10 (15th) } \\ & \text { 00:47:32 (15th) } \end{aligned}$ |
| 16th | Abigail Waterfall Matlock Athletic Club | 01:57:12 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:09:34 (16th) } \\ & \text { 01:09:34 (16th) } \end{aligned}$ | $\begin{aligned} & \text { 01:57:12 (16th) } \\ & \text { 00:47:38 (16th) } \end{aligned}$ |
| 17th | Dawn Lobban Disley Runners | 01:57:51 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:07:34 (15th) } \\ & \text { 01:07:34 (15th) } \end{aligned}$ | $\begin{aligned} & \text { 01:57:51 (17th) } \\ & \text { 00:50:17 (18th) } \end{aligned}$ |
| 18th | Caroline Lloyd Wellgate Running Club | 02:00:46 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:10:39 (18th) } \\ & \text { 01:10:39 (18th) } \end{aligned}$ | $\begin{aligned} & \text { 02:00:46 (18th) } \\ & \text { 00:50:07 (17th) } \end{aligned}$ |
| 19th | Claire Turpin (no club) | 02:09:34 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:17:31 (22nd) } \\ & \text { 01:17:31 (22nd) } \end{aligned}$ | $\begin{aligned} & \text { 02:09:34 (19th) } \\ & \text { 00:52:03 (19th) } \end{aligned}$ |
| 20th | Luisa Rabanal Vegan Runners UK | 02:13:44 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:16:06 (19th) } \\ & \text { 01:16:06 (19th) } \end{aligned}$ | $\begin{aligned} & \text { 02:13:44 (20th) } \\ & \text { 00:57:38 (20th) } \end{aligned}$ |
| 21st | Lindsey Craig Jog Derbyshire | 02:17:16 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:16:51 (20th) } \\ & \text { 01:16:51 (20th) } \end{aligned}$ | $\begin{aligned} & \text { 02:17:16 (21st) } \\ & \text { 01:00:25 (22nd) } \end{aligned}$ |
| 22nd | Katy Leitheiser | 02:19:09 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:21:09 (23rd) } \\ & \text { 01:21:09 (23rd) } \end{aligned}$ | $\begin{aligned} & \text { 02:19:09 (22nd) } \\ & 00: 58: 00 \text { (21st) } \end{aligned}$ |
| 23rd | Karen Swift Erewash Valley RC | 02:19:43 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:16:59 (21st) } \\ & 01: 16: 59 \text { (21st) } \end{aligned}$ | $\begin{aligned} & \text { 02:19:43 (23rd) } \\ & \text { 01:02:44 (24th) } \end{aligned}$ |
| 24th | Helen Flint -Individual- | 02:28:06 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:26:04 (24th) } \\ & \text { 01:26:04 (24th) } \end{aligned}$ | $\begin{aligned} & \text { 02:28:06 (24th) } \\ & \text { 01:02:02 (23rd) } \end{aligned}$ |

## Long FV50

## Split Times

16.3 km 523 m

| Pos | Name | Time | S Start | 1 FS CP | F Finish |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 1st | Isa Sinfield (no club) | 01:30:30 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \mathbf{0 0 : 5 4 : 3 6}(1 \mathrm{st}) \\ & 00: 54: 36 \\ & \hline \end{aligned}$ | $\begin{aligned} & \text { 01:30:30 (1st) } \\ & \text { 00:35:54 (1st) } \end{aligned}$ |
| 2nd | Helen Stout Erewash Valley RC | 01:39:44 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & 00: 59: 16 \text { (2nd) } \\ & 00: 59: 16 \text { (2nd) } \end{aligned}$ | $\begin{aligned} & \text { 01:39:44 (2nd) } \\ & \text { 00:40:28 (2nd) } \end{aligned}$ |
| 3rd | Lucie Lynk | 01:45:23 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:00:53 (3rd) } \\ & \text { 01:00:53 (3rd) } \end{aligned}$ | $\begin{aligned} & \text { 01:45:23 (3rd) } \\ & \text { 00:44:30 (4th) } \end{aligned}$ |
| 4th | Katrina Kemp <br> Leicester Triathlon Club | 01:45:24 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:02:43 (4th) } \\ & \text { 01:02:43 (4th) } \end{aligned}$ | $\begin{aligned} & \text { 01:45:24 (4th) } \\ & \text { 00:42:41 (3rd) } \end{aligned}$ |
| 5th | Kathy Bailey Knowle \& Dorridge RC | 01:50:42 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:04:03 (5th) } \\ & \text { 01:04:03 (5th) } \end{aligned}$ | $\begin{aligned} & \text { 01:50:42 (5th) } \\ & \text { 00:46:39 (6th) } \end{aligned}$ |
| 6th | Joanne Lee (no club) | 01:52:47 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:06:06 (6th) } \\ & \text { 01:06:06 (6th) } \end{aligned}$ | $\begin{aligned} & \text { 01:52:47 (6th) } \\ & \text { 00:46:41 (7th) } \end{aligned}$ |
| 7th | Jude Mansfield Knowle \& Dorridge RC | 01:52:55 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:07:52 (8th) } \\ & \text { 01:07:52 (8th) } \end{aligned}$ | $\begin{aligned} & \text { 01:52:55 (7th) } \\ & \text { 00:45:03 (5th) } \end{aligned}$ |
| 8th | Pamela Leon Smiley Paces | 01:53:46 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:06:25 (7th) } \\ & \text { 01:06:25 (7th) } \end{aligned}$ | $\begin{aligned} & \text { 01:53:46 (8th) } \\ & 00: 47: 21 \text { (10th) } \end{aligned}$ |
| 9th | Julia Buxton Belper Harriers | 01:54:51 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:08:06 (9th) } \\ & \text { 01:08:06 (9th) } \end{aligned}$ | $\begin{aligned} & \text { 01:54:51 (9th) } \\ & \text { 00:46:45 (8th) } \end{aligned}$ |
| 10th | Wendi Carrington <br> Newark Triathlon Club | 01:55:57 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:09:08 (11th) } \\ & \text { 01:09:08 (11th) } \end{aligned}$ | $\begin{aligned} & \text { 01:55:57 (10th) } \\ & \text { 00:46:49 (9th) } \end{aligned}$ |
| 11th | Val Playdon Ashbourne Running Club | 01:59:04 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:10:48 (14th) } \\ & \text { 01:10:48 (14th) } \end{aligned}$ | $\begin{aligned} & \text { 01:59:04 (11th) } \\ & \text { 00:48:16 (11th) } \end{aligned}$ |
| 12th | Kate Donaldson <br> Notts Women Runners | 02:00:14 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:08:33 (10th) } \\ & \text { 01:08:33 (10th) } \end{aligned}$ | $\begin{aligned} & \text { 02:00:14 (12th) } \\ & 00: 51: 41 \text { (15th) } \end{aligned}$ |
| 13th | Barbra Hewitt | 02:01:21 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:11:15 (15th) } \\ & 01: 11: 15 \text { (15th) } \end{aligned}$ | $\begin{aligned} & \text { 02:01:21 (13th) } \\ & \text { 00:50:06 (12th) } \end{aligned}$ |
| 14th | Naomi Coverley <br> Tideswell Running Club | 02:02:09 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:10:37 (12th) } \\ & \text { 01:10:37 (12th) } \end{aligned}$ | $\begin{aligned} & \text { 02:02:09 (14th) } \\ & 00: 51: 32 \text { (13th) } \end{aligned}$ |
| 15th | Heather Marsden <br> Tideswell Running Club | 02:02:20 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:10:47 (13th) } \\ & \text { 01:10:47 (13th) } \end{aligned}$ | $\begin{aligned} & \text { 02:02:20 (15th) } \\ & 00: 51: 33 \text { (14th) } \end{aligned}$ |
| 16th | Sally Owen Matlock Athletic Club | 02:08:43 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | 01:13:03 (16th) <br> 01:13:03 (16th) | 02:08:43 (16th) <br> 00:55:40 (19th) |
| 17th | Mandy Halsey <br> Tideswell Running Club | 02:09:56 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:15:07 (17th) } \\ & \text { 01:15:07 (17th) } \end{aligned}$ | $\begin{aligned} & \text { 02:09:56 (17th) } \\ & \text { 00:54:49 (18th) } \end{aligned}$ |
| 18th | Ruth Smith | 02:12:59 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:18:41 (18th) } \\ & \text { 01:18:41 (18th) } \end{aligned}$ | 02:12:59 (18th) $00: 54: 18$ (16th) |
| 19th | Jennifer Weir | 02:13:17 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:18:50 (19th) } \\ & \text { 01:18:50 (19th) } \end{aligned}$ | $\begin{aligned} & \text { 02:13:17 (19th) } \\ & 00: 54: 27 \text { (17th) } \end{aligned}$ |
| 20th | Philippa Moorhead Steel City Striders RC | 02:32:19 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:27:22 (20th) } \\ & 01: 27: 22 \text { (20th) } \end{aligned}$ | $\begin{aligned} & \text { 02:32:19 (20th) } \\ & \text { 01:04:57 (20th) } \end{aligned}$ |
| 21st | Sarah Owens <br> Tideswell Running Club | 02:40:22 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:31:46 (21st) } \\ & 01: 31: 46 \text { (21st) } \end{aligned}$ | $\begin{aligned} & \text { 02:40:22 (21st) } \\ & 01: 08: 36 \text { (21st) } \end{aligned}$ |
| 22nd | Judith Richardson Notts Women Runners | 02:48:21 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:38:31 (22nd) } \\ & \text { 01:38:31 (22nd) } \end{aligned}$ | $\begin{aligned} & \text { 02:48:21 (22nd) } \\ & \text { 01:09:50 (22nd) } \end{aligned}$ |
| 23rd | Michelle Vallance <br> Notts Women Runners | 02:48:40 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:38:40 (23rd) } \\ & 01: 38: 40 \text { (23rd) } \end{aligned}$ | $\begin{aligned} & \text { 02:48:40 (23rd) } \\ & \text { 01:10:00 (23rd) } \end{aligned}$ |

## Long FV60

## Split Times

16.3 km 523 m

| Pos | Name | Time | s Start | 1 FS CP | F Finish |
| :--- | :--- | ---: | :---: | :---: | :---: |
| 1st | Caroline Wheelhouse | $01: 38: 27$ | $00: 00: 00$ | $\underline{\mathbf{0 1 : 0 0 : 5 9} \text { (1st) }}$ | $\underline{\mathbf{0 1}: 38: 27}$ (1st) |
|  | Doncaster Athletic Club |  | $00: 00: 00$ | $\underline{\mathbf{0 1}: 00: 59}$ (1st) | $\underline{\mathbf{0 0}: 37: 28}$ (1st) |
| 2nd | Angela Burley | $02: 05: 59$ | $00: 00: 00$ | $\underline{01: 12: 52(2 n d)}$ | $02: 05: 59$ (2nd) |
|  | Notts Women Runners |  | $00: 00: 00$ | $01: 12: 52$ (2nd) | $00: 53: 07$ (2nd) |
| 3rd | Sallyann Smith | $02: 32: 31$ | $00: 00: 00$ | $01: 27: 19$ (3rd) | $02: 32: 31$ (3rd) |
|  | Sheffield Triathlon Club |  | $00: 00: 00$ | $01: 27: 19$ (3rd) | $01: 05: 12$ (3rd) |

## Long M

## Split Times

16.3km 523m

| Pos | Name | Time | S Start | 1 FS CP | F Finish |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 1st | Bob Templeman Vegan Runners UK | 01:12:15 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & 00: 43: 36 \\ & 00: 43: 36 \\ & \hline \end{aligned}$ | $\begin{aligned} & \text { 01:12:15 (1st) } \\ & \underline{00: 28: 39 ~(1 s t) ~} \end{aligned}$ |
| 2nd | Laurie Luscombe Liverpool Harriers \& AC | 01:12:32 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & 00: 43: 46 \text { (2nd) } \\ & 00: 43: 46 \text { (2nd) } \end{aligned}$ | $\begin{aligned} & \text { 01:12:32 (2nd) } \\ & \text { 00:28:46 (2nd) } \end{aligned}$ |
| 3rd | Alex Coleman Poplar Running Club | 01:16:05 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:45:51 (3rd) } \\ & \text { 00:45:51 (3rd) } \end{aligned}$ | $\begin{aligned} & \text { 01:16:05 (3rd) } \\ & \text { 00:30:14 (3rd) } \end{aligned}$ |
| 4th | Matty Brennan Erewash Valley RC | 01:17:32 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:46:29 (4th) } \\ & \text { 00:46:29 (4th) } \end{aligned}$ | $\begin{aligned} & \text { 01:17:32 (4th) } \\ & \text { 00:31:03 (4th) } \end{aligned}$ |
| 5th | Daniel Curtis (no club) | 01:18:38 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:47:07 (5th) } \\ & \text { 00:47:07 (5th) } \end{aligned}$ | $\begin{aligned} & \text { 01:18:38 (5th) } \\ & \text { 00:31:31 (5th) } \end{aligned}$ |
| 6th | Tom Mowbray Rolls Royce Harriers | 01:22:22 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:48:37 (6th) } \\ & \text { 00:48:37 (6th) } \end{aligned}$ | $\begin{aligned} & \text { 01:22:22 (6th) } \\ & \text { 00:33:45 (8th) } \end{aligned}$ |
| 7th | Daniel Mottershead | 01:23:22 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:49:40 (9th) } \\ & \text { 00:49:40 (9th) } \end{aligned}$ | $\begin{aligned} & \text { 01:23:22 (7th) } \\ & \text { 00:33:42 (7th) } \end{aligned}$ |
| 8th | Martyn Ryan (no club) | 01:23:38 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:49:35 (8th) } \\ & \text { 00:49:35 (8th) } \end{aligned}$ | $\begin{aligned} & \text { 01:23:38 (8th) } \\ & \text { 00:34:03 (9th) } \end{aligned}$ |
| 9th | Paul Harrison 0 | 01:24:16 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:49:07 (7th) } \\ & \text { 00:49:07 (7th) } \end{aligned}$ | $\begin{aligned} & \text { 01:24:16 (9th) } \\ & \text { 00:35:09 (12th) } \end{aligned}$ |
| 10th | Arthur Law Holme Pierrepont RC | 01:24:33 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:50:56 (12th) } \\ & \text { 00:50:56 (12th) } \end{aligned}$ | $\begin{aligned} & \text { 01:24:33 (10th) } \\ & \text { 00:33:37 (6th) } \end{aligned}$ |
| 11th | Sam Harrison GoodGym Race Team | 01:24:48 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:50:34 (10th) } \\ & 00: 50: 34 \text { (10th) } \end{aligned}$ | $\begin{aligned} & \text { 01:24:48 (11th) } \\ & \text { 00:34:14 (10th) } \end{aligned}$ |
| 12th | Callum Hyland | 01:25:46 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & 00: 50: 50 \text { (11th) } \\ & 00: 50: 50 \text { (11th) } \end{aligned}$ | $\begin{aligned} & \text { 01:25:46 (12th) } \\ & \text { 00:34:56 (11th) } \end{aligned}$ |
| 13th | David Locke <br> Rotherham Harriers and AC | 01:28:18 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:52:31 (13th) } \\ & \text { 00:52:31 (13th) } \end{aligned}$ | $\begin{aligned} & \text { 01:28:18 (13th) } \\ & 00: 35: 47 \text { (13th) } \end{aligned}$ |
| 14th | Mike Jones Sheffield Triathlon Club | 01:28:45 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:52:40 (14th) } \\ & \text { 00:52:40 (14th) } \end{aligned}$ | $\begin{aligned} & \text { 01:28:45 (14th) } \\ & \text { 00:36:05 (17th) } \end{aligned}$ |
| 15th | Curtis Firth | 01:29:12 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:52:58 (15th) } \\ & 00: 52: 58 \text { (15th) } \end{aligned}$ | $\begin{aligned} & \text { 01:29:12 (15th) } \\ & \text { 00:36:14 (19th) } \end{aligned}$ |
| 16th | Moritz Huber Vegan Runners UK | 01:29:18 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:53:23 (16th) } \\ & \text { 00:53:23 (16th) } \end{aligned}$ | $\begin{aligned} & \text { 01:29:18 (16th) } \\ & \text { 00:35:55 (15th) } \end{aligned}$ |
| 17th | Peter Roberts Tamworth Tearaways | 01:30:26 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:53:43 (19th) } \\ & \text { 00:53:43 (19th) } \end{aligned}$ | $\begin{aligned} & \text { 01:30:26 (17th) } \\ & \text { 00:36:43 (20th) } \end{aligned}$ |
| 18th | Gordon Hale South Yorkshire Orienteers | 01:30:52 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:53:37 (18th) } \\ & \text { 00:53:37 (18th) } \end{aligned}$ | $\begin{aligned} & \text { 01:30:52 (18th) } \\ & \text { 00:37:15 (21st) } \end{aligned}$ |
| 19th | Michael Hutchinson | 01:30:56 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:54:44 (21st) } \\ & 00: 54: 44 \text { (21st) } \end{aligned}$ | $\begin{aligned} & \text { 01:30:56 (19th) } \\ & \text { 00:36:12 (18th) } \end{aligned}$ |
| 20th | Richard Cottam <br> Dark Peak Fell Runners | 01:31:00 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & 00: 53: 24 \text { (17th) } \\ & 00: 53: 24 \text { (17th) } \end{aligned}$ | $\begin{aligned} & \text { 01:31:00 (20th) } \\ & \text { 00:37:36 (23rd) } \end{aligned}$ |
| 21st | Paul Roberts | 01:31:41 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:53:45 (20th) } \\ & \text { 00:53:45 (20th) } \end{aligned}$ | $\begin{aligned} & \text { 01:31:41 (21st) } \\ & \text { 00:37:56 (24th) } \end{aligned}$ |
| 22nd | John Schofield | 01:31:43 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & 00: 55: 50 \text { (23rd) } \\ & 00: 55: 50 \text { (23rd) } \end{aligned}$ | $\begin{aligned} & \text { 01:31:43 (22nd) } \\ & \text { 00:35:53 (14th) } \end{aligned}$ |


| Pos | Name | Time | S Start | 1 FS CP | F Finish |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 23rd | Keith Sambrooks Totley AC | 01:32:00 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:56:03 (24th) } \\ & \text { 00:56:03 (24th) } \end{aligned}$ | $\begin{aligned} & \text { 01:32:00 (23rd) } \\ & \text { 00:35:57 (16th) } \end{aligned}$ |
| 24th | Pete Wallroth Glossopdale Harriers | 01:32:31 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | 00:55:11 (22nd) 00:55:11 (22nd) | $\begin{aligned} & \text { 01:32:31 (24th) } \\ & \text { 00:37:20 (22nd) } \end{aligned}$ |
| 25th | Liam Jackson | 01:34:46 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:56:16 (25th) } \\ & \text { 00:56:16 (25th) } \end{aligned}$ | $\begin{aligned} & \text { 01:34:46 (25th) } \\ & \text { 00:38:30 (25th) } \end{aligned}$ |
| 26th | Andrew Naylor Belper Harriers | 01:36:48 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:56:36 (26th) } \\ & \text { 00:56:36 (26th) } \end{aligned}$ | $\begin{aligned} & \text { 01:36:48 (26th) } \\ & \text { 00:40:12 (28th) } \end{aligned}$ |
| 27th | Will Weir Lonely Goats RC | 01:37:51 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:57:53 (28th) } \\ & 00: 57: 53 \text { (28th) } \end{aligned}$ | $\begin{aligned} & \text { 01:37:51 (27th) } \\ & \text { 00:39:58 (27th) } \end{aligned}$ |
| 28th | Andy Appleby | 01:39:04 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:57:43 (27th) } \\ & 00: 57: 43 \text { (27th) } \end{aligned}$ | $\begin{aligned} & \text { 01:39:04 (28th) } \\ & \text { 00:41:21 (30th) } \end{aligned}$ |
| 29th | Joel Howarth | 01:42:13 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:00:04 (29th) } \\ & \text { 01:00:04 (29th) } \end{aligned}$ | $\begin{aligned} & \text { 01:42:13 (29th) } \\ & \text { 00:42:09 (32nd) } \end{aligned}$ |
| 30th | Colin Mason | 01:42:31 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:00:55 (31st) } \\ & 01: 00: 55 \text { (31st) } \end{aligned}$ | $\begin{aligned} & \text { 01:42:31 (30th) } \\ & \text { 00:41:36 (31st) } \end{aligned}$ |
| 31st | Scott Chenery | 01:44:02 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:00:47 (30th) } \\ & \text { 01:00:47 (30th) } \end{aligned}$ | $\begin{aligned} & \text { 01:44:02 (31st) } \\ & 00: 43: 15 \text { (34th) } \end{aligned}$ |
| 32nd | David Brotherhood Unaffiliated | 01:44:21 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:01:10 (32nd) } \\ & \text { 01:01:10 (32nd) } \end{aligned}$ | $\begin{aligned} & \text { 01:44:21 (32nd) } \\ & 00: 43: 11 \text { (33rd) } \end{aligned}$ |
| $33 \mathrm{rd}=$ | Sebastian Lunt (no club) | 01:44:31 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | 01:04:56 (36th) <br> 01:04:56 (36th) | $\begin{aligned} & \text { 01:44:31 (33rd=) } \\ & 00: 39: 35(26 \mathrm{th}) \end{aligned}$ |
| $33 \mathrm{rd}=$ | Tristan Green Barnsley Harriers | 01:44:31 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:03:38 (34th) } \\ & \text { 01:03:38 (34th) } \end{aligned}$ | $\begin{aligned} & \text { 01:44:31 (33rd=) } \\ & 00: 40: 53(29 \mathrm{th}) \end{aligned}$ |
| 35th | Chris Wellard | 01:49:45 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:03:27 (33rd) } \\ & \text { 01:03:27 (33rd) } \end{aligned}$ | $\begin{aligned} & \text { 01:49:45 (35th) } \\ & \text { 00:46:18 (36th) } \end{aligned}$ |
| 36th | Chris Sanders (no club) | 01:50:52 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:04:41 (35th) } \\ & \text { 01:04:41 (35th) } \end{aligned}$ | 01:50:52 (36th) 00:46:11 (35th) |
| 37th | Aitor de Gea Rico | 01:53:19 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | 01:05:50 (38th) <br> 01:05:50 (38th) | $\begin{aligned} & \text { 01:53:19 (37th) } \\ & \text { 00:47:29 (37th) } \end{aligned}$ |
| 38th | Pete Tomlin | 01:55:14 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:05:15 (37th) } \\ & \text { 01:05:15 (37th) } \end{aligned}$ | $\begin{aligned} & \text { 01:55:14 (38th) } \\ & \text { 00:49:59 (39th) } \end{aligned}$ |
| 39th | James Meath (no club) | 01:55:31 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | 01:06:42 (39th) <br> 01:06:42 (39th) | 01:55:31 (39th) 00:48:49 (38th) |
| 40th | Samuel Wattret | 01:58:24 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:07:10 (40th) } \\ & \text { 01:07:10 (40th) } \end{aligned}$ | $\begin{aligned} & \text { 01:58:24 (40th) } \\ & \text { 00:51:14 (41st) } \end{aligned}$ |
| 41st | Michael Lloyd Wellgate Running Club | 02:00:43 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00:00 } \end{aligned}$ | 01:10:40 (42nd) <br> 01:10:40 (42nd) | $\begin{aligned} & \text { 02:00:43 (41st) } \\ & \text { 00:50:03 (40th) } \end{aligned}$ |
| 42nd | David Evans | 02:04:09 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | 01:12:22 (44th) <br> 01:12:22 (44th) | $\begin{aligned} & \text { 02:04:09 (42nd) } \\ & 00: 51: 47 \text { (42nd) } \end{aligned}$ |
| 43rd | Stuart Cridland | 02:04:54 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:10:14 (41st) } \\ & 01: 10: 14 \text { (41st) } \end{aligned}$ | $\begin{aligned} & \text { 02:04:54 (43rd) } \\ & 00: 54: 40 \text { (43rd) } \end{aligned}$ |
| 44th | Jonathan Guy | 02:07:23 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:11:18 (43rd) } \\ & 01: 11: 18 \text { (43rd) } \end{aligned}$ | $\begin{aligned} & \text { 02:07:23 (44th) } \\ & \text { 00:56:05 (46th) } \end{aligned}$ |
| 45th= | Michael Bax (no club) | 02:11:55 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:16:48 (47th) } \\ & \text { 01:16:48 (47th) } \end{aligned}$ | $\begin{aligned} & \text { 02:11:55 (45th=) } \\ & \text { 00:55:07 (45th) } \end{aligned}$ |
| 45th= | Harry Hailwood (no club) | 02:11:55 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:16:49 (48th) } \\ & \text { 01:16:49 (48th) } \end{aligned}$ | $\begin{aligned} & \text { 02:11:55 (45th=) } \\ & \text { 00:55:06 (44th) } \end{aligned}$ |
| 47th | Bromley Sibson None | 02:11:58 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | 01:15:18 (45th) <br> 01:15:18 (45th) | $\begin{aligned} & \text { 02:11:58 (47th) } \\ & 00: 56: 40 \text { (47th) } \end{aligned}$ |
| 48th | Oskar Smith | 02:13:42 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | 01:16:06 (46th) <br> 01:16:06 (46th) | $\begin{aligned} & \text { 02:13:42 (48th) } \\ & 00: 57: 36 \text { (48th) } \end{aligned}$ |

Long MV40

## Split Times

16.3km 523m

| Pos | Name | Time | S Start | 1 FS CP | F Finish |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 1st | Jose Dias Danum Harriers | 01:17:29 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:46:22 (1st) } \\ & \underline{00: 46: 22 ~(1 s t) ~} \end{aligned}$ | $\begin{aligned} & \text { 01:17:29 (1st) } \\ & \underline{00: 31: 07 ~(1 s t) ~} \end{aligned}$ |
| 2nd | Pete Deacon Notts AC | 01:21:43 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:49:36 (2nd=) } \\ & 00: 49: 36(2 n d=) \end{aligned}$ | $\begin{aligned} & \text { 01:21:43 (2nd) } \\ & \text { 00:32:07 (2nd) } \end{aligned}$ |
| 3rd | Richard Palmer (no club) | 01:23:45 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:49:36 (2nd=) } \\ & 00: 49: 36(2 n d=) \end{aligned}$ | $\begin{aligned} & \text { 01:23:45 (3rd) } \\ & 00: 34: 09 \text { (3rd) } \end{aligned}$ |
| 4th | Hedley Coleman | 01:29:14 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:52:44 (5th) } \\ & 00: 52: 44 \text { (5th) } \end{aligned}$ | $\begin{aligned} & \text { 01:29:14 (4th) } \\ & 00: 36: 30 \text { (4th) } \end{aligned}$ |
| 5th | John Reynolds Ilkeston Running Club | 01:29:16 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:52:12 (4th) } \\ & 00: 52: 12 \text { (4th) } \end{aligned}$ | $\begin{aligned} & \text { 01:29:16 (5th) } \\ & \text { 00:37:04 (6th) } \end{aligned}$ |
| 6th | Simon Ripton | 01:32:23 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:55:20 (8th) } \\ & \text { 00:55:20 (8th) } \end{aligned}$ | $\begin{aligned} & \text { 01:32:23 (6th) } \\ & \text { 00:37:03 (5th) } \end{aligned}$ |
| 7th | Salvo De Simone GoodGym Race Team | 01:35:45 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:55:16 (7th) } \\ & 00: 55: 16 \text { (7th) } \end{aligned}$ | $\begin{aligned} & \text { 01:35:45 (7th) } \\ & \text { 00:40:29 (11th) } \end{aligned}$ |
| 8th | Ben Chaffey Disley Runners | 01:37:43 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:56:39 (9th) } \\ & \text { 00:56:39 (9th) } \end{aligned}$ | $\begin{aligned} & \text { 01:37:43 (8th) } \\ & \text { 00:41:04 (12th) } \end{aligned}$ |
| 9th | Dave Jay <br> Lonely Goats RC | 01:37:49 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:57:59 (11th) } \\ & 00: 57: 59 \text { (11th) } \end{aligned}$ | $\begin{aligned} & \text { 01:37:49 (9th) } \\ & \text { 00:39:50 (9th) } \end{aligned}$ |
| 10th | Paul Beckett <br> Dark Peak Fell Runners | 01:37:54 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | 00:57:44 (10th) 00:57:44 (10th) | $\begin{aligned} & \text { 01:37:54 (10th) } \\ & \text { 00:40:10 (10th) } \end{aligned}$ |
| 11th | Mark Chiva (no club) | 01:39:14 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:00:21 (13th) } \\ & \text { 01:00:21 (13th) } \end{aligned}$ | $\begin{aligned} & \text { 01:39:14 (11th) } \\ & 00: 38: 53 \text { (7th) } \end{aligned}$ |
| 12th | Andrew Hawkins Grimsby Harriers \& AC | 01:41:27 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:01:40 (17th) } \\ & \text { 01:01:40 (17th) } \end{aligned}$ | $\begin{aligned} & \text { 01:41:27 (12th) } \\ & 00: 39: 47 \text { (8th) } \end{aligned}$ |
| 13th | Bruce Donald | 01:41:52 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:00:15 (12th) } \\ & \text { 01:00:15 (12th) } \end{aligned}$ | $\begin{aligned} & \text { 01:41:52 (13th) } \\ & 00: 41: 37 \text { (14th) } \end{aligned}$ |
| 14th | Mark Goodburn Team Little Fella | 01:42:47 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:01:33 (16th) } \\ & \text { 01:01:33 (16th) } \end{aligned}$ | $\begin{aligned} & \text { 01:42:47 (14th) } \\ & 00: 41: 14 \text { (13th) } \end{aligned}$ |
| 15th | James Christopher | 01:43:06 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:53:54 (6th) } \\ & 00: 53: 54 \text { (6th) } \end{aligned}$ | $\begin{aligned} & \text { 01:43:06 (15th) } \\ & \text { 00:49:12 (32nd) } \end{aligned}$ |
| 16th | Graham Steward (no club) | 01:43:35 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ |  | 01:43:35 (16th) |
| 17th | Chris Billingham | 01:44:29 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:01:24 (15th) } \\ & \text { 01:01:24 (15th) } \end{aligned}$ | $\begin{aligned} & \text { 01:44:29 (17th) } \\ & 00: 43: 05 \text { (18th) } \end{aligned}$ |
| 18th | Alasdair Cochrane | 01:44:45 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:02:33 (19th) } \\ & \text { 01:02:33 (19th) } \end{aligned}$ | $\begin{aligned} & \text { 01:44:45 (18th) } \\ & 00: 42: 12 \text { (15th) } \end{aligned}$ |
| 19th | Chris West (no club) | 01:45:25 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:01:15 (14th) } \\ & 01: 01: 15 \text { (14th) } \end{aligned}$ | $\begin{aligned} & \text { 01:45:25 (19th) } \\ & 00: 44: 10 \text { (21st) } \end{aligned}$ |
| 20th | Mark Day Marple Runners | 01:45:55 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:03:24 (24th) } \\ & 01: 03: 24 \text { (24th) } \end{aligned}$ | $\begin{aligned} & \text { 01:45:55 (20th) } \\ & \text { 00:42:31 (16th) } \end{aligned}$ |
| 21st | Steven Holmes Jotun Running Club | 01:46:12 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:03:18 (23rd) } \\ & \text { 01:03:18 (23rd) } \end{aligned}$ | $\begin{aligned} & \text { 01:46:12 (21st) } \\ & 00: 42: 54 \text { (17th) } \end{aligned}$ |
| 22nd | Giles Carre (no club) | 01:46:21 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:03:02 (21st) } \\ & 01: 03: 02 \text { (21st) } \end{aligned}$ | $\begin{aligned} & \text { 01:46:21 (22nd) } \\ & \text { 00:43:19 (19th) } \end{aligned}$ |
| 23rd | Colin Bancroft | 01:47:38 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:02:43 (20th) } \\ & \text { 01:02:43 (20th) } \end{aligned}$ | $\begin{aligned} & \text { 01:47:38 (23rd) } \\ & 00: 44: 55 \text { (24th) } \end{aligned}$ |
| 24th | James May | 01:48:00 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:03:17 (22nd) } \\ & \text { 01:03:17 (22nd) } \end{aligned}$ | $\begin{aligned} & \text { 01:48:00 (24th) } \\ & \text { 00:44:43 (22nd) } \end{aligned}$ |
| 25th | Stephen Dicks <br> Olney Runners AC | 01:48:02 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:02:01 (18th) } \\ & \text { 01:02:01 (18th) } \end{aligned}$ | 01:48:02 (25th) 00:46:01 (28th) |
| 26th | Matthew Day Goyt Valley Striders | 01:48:18 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:04:30 (26th) } \\ & \text { 01:04:30 (26th) } \end{aligned}$ | 01:48:18 (26th) 00:43:48 (20th) |
| 27th | Chris Goddard (no club) | 01:49:23 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:04:29 (25th) } \\ & \text { 01:04:29 (25th) } \end{aligned}$ | $\begin{aligned} & \text { 01:49:23 (27th) } \\ & \text { 00:44:54 (23rd) } \end{aligned}$ |
| 28th | Micheal Stubbs | 01:50:35 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:05:27 (28th) } \\ & \text { 01:05:27 (28th) } \end{aligned}$ | $\begin{aligned} & \text { 01:50:35 (28th) } \\ & \text { 00:45:08 (26th) } \end{aligned}$ |
| 29th | Owen Parker | 01:50:44 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:04:52 (27th) } \\ & 01: 04: 52 \text { (27th) } \end{aligned}$ | $\begin{aligned} & \text { 01:50:44 (29th) } \\ & \text { 00:45:52 (27th) } \end{aligned}$ |
| 30th | Andrew Smith West Riding Sailing Club | 01:51:52 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:06:49 (31st) } \\ & \text { 01:06:49 (31st) } \end{aligned}$ | 01:51:52 (30th) 00:45:03 (25th) |


| Pos | Name | Time | S Start | 1 FS CP | F Finish |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 31st | Chris Grubb | 01:55:30 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:08:16 (32nd) } \\ & \text { 01:08:16 (32nd) } \end{aligned}$ | $\begin{aligned} & \text { 01:55:30 (31st) } \\ & \text { 00:47:14 (30th) } \end{aligned}$ |
| 32nd | Andrew Bidolak -Individual- | 01:55:45 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:08:49 (33rd) } \\ & \text { 01:08:49 (33rd) } \end{aligned}$ | $\begin{aligned} & \text { 01:55:45 (32nd) } \\ & \text { 00:46:56 (29th) } \end{aligned}$ |
| 33rd | Stephen Birch Lonely Goats RC | 01:56:26 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:06:25 (30th) } \\ & \text { 01:06:25 (30th) } \end{aligned}$ | $\begin{aligned} & \text { 01:56:26 (33rd) } \\ & \text { 00:50:01 (33rd) } \end{aligned}$ |
| 34th | David Hopkins (no club) | 01:57:00 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:05:37 (29th) } \\ & \text { 01:05:37 (29th) } \end{aligned}$ | $\begin{aligned} & \text { 01:57:00 (34th) } \\ & 00: 51: 23 \text { (34th) } \end{aligned}$ |
| 35th | Neil Nicolson Beeston AC | 01:59:24 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:10:51 (34th) } \\ & \text { 01:10:51 (34th) } \end{aligned}$ | $\begin{aligned} & \text { 01:59:24 (35th) } \\ & \text { 00:48:33 (31st) } \end{aligned}$ |
| 36th | Robert Allcock | 02:09:13 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:11:32 (35th) } \\ & \text { 01:11:32 (35th) } \end{aligned}$ | $\begin{aligned} & \text { 02:09:13 (36th) } \\ & \text { 00:57:41 (36th) } \end{aligned}$ |
| 37th | Matthew Linney | 02:11:17 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:17:48 (36th) } \\ & \text { 01:17:48 (36th) } \end{aligned}$ | $\begin{aligned} & \text { 02:11:17 (37th) } \\ & \text { 00:53:29 (35th) } \end{aligned}$ |
| 38th | Richard Green n/a | 02:18:49 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:19:19 (37th) } \\ & \text { 01:19:19 (37th) } \end{aligned}$ | $\begin{aligned} & \text { 02:18:49 (38th) } \\ & 00: 59: 30 \text { (37th) } \end{aligned}$ |
| 39th | Jaime Aldaya (no club) | 02:26:51 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:24:54 (38th) } \\ & \text { 01:24:54 (38th) } \end{aligned}$ | $\begin{aligned} & \text { 02:26:51 (39th) } \\ & \text { 01:01:57 (38th) } \end{aligned}$ |
|  | Stephen Lewington | DNF | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ |  |  |

Long MV50

## Split Times

16.3km 523m

| Pos | Name | Time | S Start | 1 FS CP | F Finish |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 1st | Mark David | 01:26:18 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:50:34 (1st) } \\ & 00: 50: 34(1 \mathrm{st}) \end{aligned}$ | $\begin{aligned} & \text { 01:26:18 (1st) } \\ & \text { 00:35:44 (1st) } \end{aligned}$ |
| 2nd | Jonathan Trezise (no club) | 01:32:43 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:55:14 (2nd) } \\ & \text { 00:55:14 (2nd) } \end{aligned}$ | $\begin{aligned} & \text { 01:32:43 (2nd) } \\ & \text { 00:37:29 (3rd) } \end{aligned}$ |
| 3rd | Brendan Smith (no club) | 01:32:49 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:55:19 (3rd) } \\ & 00: 55: 19 \text { (3rd) } \end{aligned}$ | $\begin{aligned} & \text { 01:32:49 (3rd) } \\ & 00: 37: 30 \text { (4th) } \end{aligned}$ |
| 4th | John Winfieldale (no club) | 01:32:50 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:56:13 (5th) } \\ & \text { 00:56:13 (5th) } \end{aligned}$ | $\begin{aligned} & \text { 01:32:50 (4th) } \\ & \text { 00:36:37 (2nd) } \end{aligned}$ |
| 5th | Chris Curtis | 01:35:14 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:55:49 (4th) } \\ & 00: 55: 49 \text { (4th) } \end{aligned}$ | $\begin{aligned} & \text { 01:35:14 (5th) } \\ & \text { 00:39:25 (6th) } \end{aligned}$ |
| 6th | Nigel Wallis | 01:37:11 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:57:53 (8th) } \\ & \text { 00:57:53 (8th) } \end{aligned}$ | $\begin{aligned} & \text { 01:37:11 (6th) } \\ & \text { 00:39:18 (5th) } \end{aligned}$ |
| 7th | Andy Rowlinson | 01:39:14 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:57:41 (7th) } \\ & \text { 00:57:41 (7th) } \end{aligned}$ | $\begin{aligned} & \text { 01:39:14 (7th) } \\ & \text { 00:41:33 (9th) } \end{aligned}$ |
| 8th | Ian Macnamee Erewash Valley RC | 01:39:16 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:58:52 (9th) } \\ & \text { 00:58:52 (9th) } \end{aligned}$ | $\begin{aligned} & \text { 01:39:16 (8th) } \\ & \text { 00:40:24 (7th) } \end{aligned}$ |
| 9th | Stephen Ray Knowle \& Dorridge RC | 01:40:07 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:57:34 (6th) } \\ & \text { 00:57:34 (6th) } \end{aligned}$ | $\begin{aligned} & \text { 01:40:07 (9th) } \\ & \text { 00:42:33 (10th) } \end{aligned}$ |
| 10th | David Daubney Newark Striders Running Club | 01:42:17 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:00:59 (12th) } \\ & \text { 01:00:59 (12th) } \end{aligned}$ | $\begin{aligned} & \text { 01:42:17 (10th) } \\ & \text { 00:41:18 (8th) } \end{aligned}$ |
| 11th | Ian Stevens | 01:42:19 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:59:29 (10th) } \\ & 00: 59: 29 \text { (10th) } \end{aligned}$ | $\begin{aligned} & \text { 01:42:19 (11th) } \\ & 00: 42: 50 \text { (12th) } \end{aligned}$ |
| 12th | Gary Galpin Unattached | 01:42:40 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:59:43 (11th) } \\ & 00: 59: 43 \text { (11th) } \end{aligned}$ | $\begin{aligned} & \text { 01:42:40 (12th) } \\ & 00: 42: 57 \text { (13th) } \end{aligned}$ |
| 13th | Paul Pearce | 01:45:24 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:02:49 (15th) } \\ & \text { 01:02:49 (15th) } \end{aligned}$ | $\begin{aligned} & \text { 01:45:24 (13th) } \\ & \text { 00:42:35 (11th) } \end{aligned}$ |
| 14th | Ian Abbott | 01:46:47 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:01:52 (14th) } \\ & 01: 01: 52 \text { (14th) } \end{aligned}$ | $\begin{aligned} & \text { 01:46:47 (14th) } \\ & 00: 44: 55 \text { (15th) } \end{aligned}$ |
| 15th | Peter Duffy | 01:47:03 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:01:40 (13th) } \\ & \text { 01:01:40 (13th) } \end{aligned}$ | $\begin{aligned} & \text { 01:47:03 (15th) } \\ & 00: 45: 23 \text { (16th) } \end{aligned}$ |


| Pos | Name | Time | S Start | 1 FS CP | F Finish |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 16th | Paul Markall Buxton AC | 01:47:57 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:03:42 (16th) } \\ & \text { 01:03:42 (16th) } \end{aligned}$ | $\begin{aligned} & \text { 01:47:57 (16th) } \\ & \text { 00:44:15 (14th) } \end{aligned}$ |
| 17th | Mick Oliver Unaffiliated | 01:52:58 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:06:36 (17th) } \\ & \text { 01:06:36 (17th) } \end{aligned}$ | $\begin{aligned} & \text { 01:52:58 (17th) } \\ & \text { 00:46:22 (17th) } \end{aligned}$ |
| 18th | Matthew Thomas | 01:54:55 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:08:10 (18th) } \\ & \text { 01:08:10 (18th) } \end{aligned}$ | $\begin{aligned} & \text { 01:54:55 (18th) } \\ & 00: 46: 45 \text { (18th) } \end{aligned}$ |
| 19th | David Pashler | 01:55:37 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:08:28 (19th) } \\ & \text { 01:08:28 (19th) } \end{aligned}$ | $\begin{aligned} & \text { 01:55:37 (19th) } \\ & \text { 00:47:09 (19th) } \end{aligned}$ |
| 20th | Rod Hockin <br> Leicester Triathlon Club | 02:02:58 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:11:44 (21st) } \\ & 01: 11: 44 \text { (21st) } \end{aligned}$ | $\begin{aligned} & \text { 02:02:58 (20th) } \\ & \text { 00:51:14 (20th) } \end{aligned}$ |
| 21st | Andy Peet | 02:05:24 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:12:26 (22nd) } \\ & \text { 01:12:26 (22nd) } \end{aligned}$ | $\begin{aligned} & 02: 05: 24 \text { (21st) } \\ & 00: 52: 58 \text { (21st) } \end{aligned}$ |
| 22nd | Stephen Sibbald Congleton Harriers | 02:06:11 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:12:35 (23rd) } \\ & \text { 01:12:35 (23rd) } \end{aligned}$ | $\begin{aligned} & \text { 02:06:11 (22nd) } \\ & \text { 00:53:36 (22nd) } \end{aligned}$ |
| 23rd | Neil Walker Formula One Circuit Crew | 02:08:32 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:09:17 (20th) } \\ & \text { 01:09:17 (20th) } \end{aligned}$ | $\begin{aligned} & \text { 02:08:32 (23rd) } \\ & \text { 00:59:15 (24th) } \end{aligned}$ |
| 24th | Barry Sims Rodillian Runners | 02:11:45 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:15:50 (24th) } \\ & \text { 01:15:50 (24th) } \end{aligned}$ | $\begin{aligned} & \text { 02:11:45 (24th) } \\ & 00: 55: 55 \text { (23rd) } \end{aligned}$ |

## Long MV60

## Split Times

16.3km 523m

| Pos | Name | Time | S Start | 1 FS CP | F Finish |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 1st | John Cooke Cannock \& Stafford AC | 01:40:00 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:57:57 (2nd) } \\ & 00: 57: 57 \text { (2nd) } \end{aligned}$ | $\begin{aligned} & \text { 01:40:00 (1 ( st) } \\ & \text { 00:42:03 (1st) } \end{aligned}$ |
| 2nd | Christopher Purse Springfield Striders RC | 01:41:21 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & 00: 56: 50 \text { (1st) } \\ & 00: 56: 50(1 \mathrm{st}) \end{aligned}$ | $\begin{aligned} & \text { 01:41:21 (2nd) } \\ & \text { 00:44:31 (2nd) } \end{aligned}$ |
| 3rd | Simon Ward Tideswell Running Club | 01:51:01 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:05:17 (3rd) } \\ & \text { 01:05:17 (3rd) } \end{aligned}$ | $\begin{aligned} & \text { 01:51:01 (3rd) } \\ & 00: 45: 44 \text { (3rd) } \end{aligned}$ |
| 4th | Tony Dent Tideswell Running Club | 01:56:40 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:07:31 (5th) } \\ & \text { 01:07:31 (5th) } \end{aligned}$ | $\begin{aligned} & \text { 01:56:40 (4th) } \\ & \text { 00:49:09 (5th) } \end{aligned}$ |
| 5th | Robin Sibson None | 01:57:04 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:08:37 (6th) } \\ & \text { 01:08:37 (6th) } \end{aligned}$ | $\begin{aligned} & \text { 01:57:04 (5th) } \\ & \text { 00:48:27 (4th) } \end{aligned}$ |
| 6th | Colin Lewis Erewash Valley RC | 02:00:54 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:07:15 (4th) } \\ & \text { 01:07:15 (4th) } \end{aligned}$ | $\begin{aligned} & \text { 02:00:54 (6th) } \\ & \text { 00:53:39 (7th) } \end{aligned}$ |
| 7th | Andy Webb No club | 02:09:50 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:16:19 (8th) } \\ & \text { 01:16:19 (8th) } \end{aligned}$ | $\begin{aligned} & \text { 02:09:50 (7th) } \\ & \text { 00:53:31 (6th) } \end{aligned}$ |
| 8th | Ian Jameson | 02:13:12 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:18:48 (9th) } \\ & \text { 01:18:48 (9th) } \end{aligned}$ | $\begin{aligned} & \text { 02:13:12 (8th) } \\ & 00: 54: 24 \text { (8th) } \end{aligned}$ |
| 9th | John Robinson (no club) | 02:13:13 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:15:57 (7th) } \\ & \text { 01:15:57 (7th) } \end{aligned}$ | $\begin{aligned} & \text { 02:13:13 (9th) } \\ & \text { 00:57:16 (9th) } \end{aligned}$ |
| 10th | Alan Robinson CMF | 02:18:40 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:19:54 (10th) } \\ & \text { 01:19:54 (10th) } \end{aligned}$ | $\begin{aligned} & \text { 02:18:40 (10th) } \\ & \text { 00:58:46 (10th) } \end{aligned}$ |
| 11th | Tim Guy | 02:37:56 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:30:30 (11th) } \\ & \text { 01:30:30 (11th) } \end{aligned}$ | $\begin{aligned} & \text { 02:37:56 (11th) } \\ & \text { 01:07:26 (11th) } \end{aligned}$ |

