## Long

## Results

16.3km 523m

| Pos | No. | Name | Club | Class | Time | Behind | Award |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1st | 267 | Bob Templeman | Vegan Runners UK | Long M | 01:12:15 |  | Gold |
| 2nd | 175 | Laurie Luscombe | Liverpool Harriers \& AC | Long M | 01:12:32 | +00:00:17 | Gold |
| 3rd | 50 | Alex Coleman | Poplar Running Club | Long M | 01:16:05 | +00:03:50 | Gold |
| 4th | 77 | Jose Dias | Danum Harriers | Long MV40 | 01:17:29 | +00:05:14 | Gold |
| 5th | 25 | Matty Brennan fiㅈㅅㅜ $10^{\circ}$ | Erewash Valley RC | Long M | 01:17:32 | +00:05:17 | Gold |
| 6th | 63 | Daniel Curtis | (no club) | Long M | 01:18:38 | +00:06:23 | Gold |
| 7th | 75 | Pete Deacon | Notts AC | Long MV40 | 01:21:43 | +00:09:28 | Gold |
| 8th | 193 | Tom Mowbray | Rolls Royce Harriers | Long M | 01:22:22 | +00:10:07 | Gold |
| 9th | 192 | Daniel Mottershead |  | Long M | 01:23:22 | +00:11:07 | Gold |
| 10th | 244 | Martyn Ryan | (no club) | Long M | 01:23:38 | +00:11:23 | Gold |
| 11th | 207 | Richard Palmer | (no club) | Long MV40 | 01:23:45 | +00:11:30 | Gold |
| 12th | 120 | Paul Harrison | 0 | Long M | 01:24:16 | +00:12:01 | Gold |
| 13th | 157 | Arthur Law | Holme Pierrepont RC | Long M | 01:24:33 | +00:12:18 | Gold |
| 14th | 121 | Sam Harrison | GoodGym Race Team | Long M | 01:24:48 | +00:12:33 | Gold |
| 15th | 138 | Callum Hyland |  | Long M | 01:25:46 | +00:13:31 | Gold |
| 16th | 66 | Mark David |  | Long MV50 | 01:26:18 | +00:14:03 | Gold |
| 17th | 283 | Lucy Wasinski | Glossopdale Harriers | Long F | 01:26:26 | +00:14:11 | Gold |
| 18th | 102 | Laura Goy |  | Long F | 01:28:10 | +00:15:55 | Gold |
| 19th | 172 | David Locke | Rotherham Harriers and AC | Long M | 01:28:18 | +00:16:03 | Gold |
| 20th | 149 | Mike Jones | Sheffield Triathlon Club | Long M | 01:28:45 | +00:16:30 | Gold |
| 21st | 86 | Curtis Firth |  | Long M | 01:29:12 | +00:16:57 | Gold |
| 22nd | 51 | Hedley Coleman ${ }^{1}$ |  | Long MV40 | 01:29:14 | +00:16:59 | Gold |
| 23rd | 228 | John Reynolds | Ilkeston Running Club | Long MV40 | 01:29:16 | +00:17:01 | Gold |
| 24th | 135 | Moritz Huber | Vegan Runners UK | Long M | 01:29:18 | +00:17:03 | Gold |
| 25th | 74 | Lisa Deacon | Notts AC | Long FV40 | 01:30:19 | +00:18:04 | Gold |
| 26th | 234 | Peter Roberts | Tamworth Tearaways | Long M | 01:30:26 | +00:18:11 | Gold |
| 27th | 255 | Isa Sinfield | (no club) | Long FV50 | 01:30:30 | +00:18:15 | Gold |
| 28th | 115 | Gordon Hale | South Yorkshire Orienteers | Long M | 01:30:52 | +00:18:37 | Gold |
| 29th | 137 | Michael Hutchinson |  | Long M | 01:30:56 | +00:18:41 | Gold |
| 30th | 56 | Richard Cottam | Dark Peak Fell Runners | Long M | 01:31:00 | +00:18:45 | Gold |
| 31st | 233 | Paul Roberts |  | Long M | 01:31:41 | +00:19:26 | Gold |
| 32nd | 249 | John Schofield |  | Long M | 01:31:43 | +00:19:28 | Gold |
| 33rd | 247 | Keith Sambrooks | Totley AC | Long M | 01:32:00 | +00:19:45 | Gold |
| 34th | 232 | Simon Ripton |  | Long MV40 | 01:32:23 | +00:20:08 | Silver |
| 35th | 281 | Pete Wallroth | Glossopdale Harriers | Long M | 01:32:31 | +00:20:16 | Silver |
| 36th | 272 | Jonathan Trezise | (no club) | Long MV50 | 01:32:43 | +00:20:28 | Silver |
| 37th | 257 | Brendan Smith \| | (no club) | Long MV50 | 01:32:49 | +00:20:34 | Silver |
| 38th | 298 | John Winfieldale | (no club) | Long MV50 | 01:32:50 | +00:20:35 | Silver |
| 39th | 26 | Jessica Brooks | Steel City Striders | Long FV40 | 01:33:52 | +00:21:37 | Gold |
| 40th | 140 | Liam Jackson |  | Long M | 01:34:46 | +00:22:31 | Silver |
| 41st | 62 | Chris Curtis |  | Long MV50 | 01:35:14 | +00:22:59 | Silver |


| Pos | No. | Name | Club | Class | Time | Behind | Award |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 42nd= | 73 | Salvo De Simone | GoodGym Race Team | Long MV40 | 01:35:45 | +00:23:30 | Silver |
| 42nd= | 294 | Jamie Whittaker | Erewash Valley RC | Long F | 01:35:45 | +00:23:30 | Gold |
| 44th | 195 | Andrew Naylor | Belper Harriers | Long M | 01:36:48 | +00:24:33 | Silver |
| 45th | 280 | Nigel Wallis |  | Long MV50 | 01:37:11 | +00:24:56 | Silver |
| 46th | 41 | Ben Chaffey | Disley Runners | Long MV40 | 01:37:43 | +00:25:28 | Silver |
| 47th | 143 | Dave Jay(0) | Lonely Goats RC | Long MV40 | 01:37:49 | +00:25:34 | Silver |
| 48th | 289 | Will Weir | Lonely Goats RC | Long M | 01:37:51 | +00:25:36 | Silver |
| 49th | 14 | Paul Beckett ${ }^{\text {- }}$ | Dark Peak Fell Runners | Long MV40 | 01:37:54 | +00:25:39 | Silver |
| 50th | 292 | Caroline Wheelhouse | Doncaster Athletic Club | Long FV60 | 01:38:27 | +00:26:12 | Gold |
| 51st | 6 | Andy Appleby |  | Long M | 01:39:04 | +00:26:49 | Silver |
| 52nd | 263 | Jennie Stevens ${ }_{\text {人 }}^{\text {- }}$ | Steel City Striders RC | Long FV40 | 01:39:08 | +00:26:53 | Gold |
| 53rd= | 44 | Mark Chiva | (no club) | Long MV40 | 01:39:14 | +00:26:59 | Silver |
| 53rd= | 242 | Andy Rowlinson |  | Long MV50 | 01:39:14 | +00:26:59 | Silver |
| 55th | 177 | Ian Macnamee flo | Erewash Valley RC | Long MV50 | 01:39:16 | +00:27:01 | Silver |
| 56th | 132 | Sally Hook |  | Long FV40 | 01:39:43 | +00:27:28 | Gold |
| 57th | 265 | Helen Stout | Erewash Valley RC | Long FV50 | 01:39:44 | +00:27:29 | Gold |
| 58th | 53 | John Cooke | Cannock \& Stafford AC | Long MV60 | 01:40:00 | +00:27:45 | Silver |
| 59th | 227 | Stephen Ray | Knowle \& Dorridge RC | Long MV50 | 01:40:07 | +00:27:52 | Silver |
| 60th | 224 |  | Springfield Striders RC | Long MV60 | 01:41:21 | +00:29:06 | Silver |
| 61st | 122 | Andrew Hawkins | Grimsby Harriers \& AC | Long MV40 | 01:41:27 | +00:29:12 | Silver |
| 62nd | 79 | Bruce Donald |  | Long MV40 | 01:41:52 | +00:29:37 | Silver |
| 63rd | 134 | Joel Howarth |  | Long M | 01:42:13 | +00:29:58 | Silver |
| 64th | 65 | David Daubney | Newark Striders Running Club | Long MV50 | 01:42:17 | +00:30:02 | Silver |
| 65th | 262 | lan Stevens |  | Long MV50 | 01:42:19 | +00:30:04 | Silver |
| 66th | 182 | Colin Mason |  | Long M | 01:42:31 | +00:30:16 | Silver |
| 67th | 92 | Gary Galpin | Unattached | Long MV50 | 01:42:40 | +00:30:25 | Silver |
| 68th | 105 | Alison Griffiths | Smiley Paces | Long FV40 | 01:42:41 | +00:30:26 | Silver |
| 69th | 100 | Mark Goodburn | Team Little Fella | Long MV40 | 01:42:47 | +00:30:32 | Silver |
| 70th | 45 | James Christopher |  | Long MV40 | 01:43:06 | +00:30:51 | Silver |
| 71st | 119 | Gretel Hardwick | Holme Pierrepont RC | Long F | 01:43:17 | +00:31:02 | Silver |
| 72nd | 72 | Danielle De Simone | GoodGym Race Team | Long F | 01:43:22 | +00:31:07 | Silver |
| 73rd | 243 | Graham Steward | (no club) | Long MV40 | 01:43:35 | +00:31:20 | Silver |
| 74th | 42 | Scott Chenery |  | Long M | 01:44:02 | +00:31:47 | Silver |
| 75th | 27 | David Brotherhood | Unaffiliated | Long M | 01:44:21 | +00:32:06 | Silver |
| 76th | 116 | Sally Hale | (no club) | Long F | 01:44:26 | +00:32:11 | Silver |
| 77th | 17 | Chris Billingham fi밋 |  | Long MV40 | 01:44:29 | +00:32:14 | Silver |
| 78th | 125 | Daniela Heeg |  | Long F | 01:44:30 | +00:32:15 | Silver |
| 79th= | 174 | Sebastian Lunt | (no club) | Long M | 01:44:31 | +00:32:16 | Silver |
| 79th= | 104 | Tristan Green | Barnsley Harriers | Long M | 01:44:31 | +00:32:16 | Silver |
| 81st | 49 | Alasdair Cochrane |  | Long MV40 | 01:44:45 | +00:32:30 | Silver |
| 82nd | 176 | Lucie Lynk |  | Long FV50 | 01:45:23 | +00:33:08 | Silver |
| 83rd= | 215 | Paul Pearce |  | Long MV50 | 01:45:24 | +00:33:09 | Silver |
| 83rd= | 151 | Katrina Kemp | Leicester Triathlon Club | Long FV50 | 01:45:24 | +00:33:09 | Silver |
| 85th | 291 | Chris West | (no club) | Long MV40 | 01:45:25 | +00:33:10 | Silver |
| 86th | 129 | Victoria Ferguson |  | Long FV40 | 01:45:47 | +00:33:32 | Silver |
| 87th | 68 | Mark Day | Marple Runners | Long MV40 | 01:45:55 | +00:33:40 | Silver |
| 88th | 131 | Steven Holmes | Jotun Running Club | Long MV40 | 01:46:12 | +00:33:57 | Silver |
| 89th | 38 | Giles Carre | (no club) | Long MV40 | 01:46:21 | +00:34:06 | Silver |
| 90th | 1 | Ian Abbott |  | Long MV50 | 01:46:47 | +00:34:32 | Silver |
| 91st | 82 | Peter Duffy |  | Long MV50 | 01:47:03 | +00:34:48 | Silver |
| 92nd | 136 | Victoria Hufton |  | Long FV40 | 01:47:31 | +00:35:16 | Silver |
| 93rd | 370 | Colin Bancroft |  | Long MV40 | 01:47:38 | +00:35:23 | Silver |
| 94th | 19 | Charlotte Birch | Sheffield Triathlon Club | Long F | 01:47:40 | +00:35:25 | Silver |


| Pos | No. | Name | Club | Class | Time | Behind | Award |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 95th | 377 | Paul Markall | Buxton AC | Long MV50 | 01:47:57 | +00:35:42 | Silver |
| 96th | 184 | James May |  | Long MV40 | 01:48:00 | +00:35:45 | Silver |
| 97th | 78 | Stephen Dicks | Olney Runners AC | Long MV40 | 01:48:02 | +00:35:47 | Silver |
| 98th | 34 | Caroline Burrell | Unattached | Long FV40 | 01:48:05 | +00:35:50 | Silver |
| 99th | 378 | Sarah Nutt |  | Long F | 01:48:13 | +00:35:58 | Silver |
| 100th | 70 | Melissa Day | Disley Runners | Long FV40 | 01:48:17 | +00:36:02 | Silver |
| 101st | 69 | Matthew Day | Goyt Valley Striders | Long MV40 | 01:48:18 | +00:36:03 | Silver |
| 102nd | 229 | Louise Reynolds | Individual | Long FV40 | 01:48:24 | +00:36:09 | Silver |
| 103rd | 379 | Noa Diaz |  | Long FV40 | 01:48:26 | +00:36:11 | Silver |
| 104th | 99 | Chris Goddard | (no club) | Long MV40 | 01:49:23 | +00:37:08 | Silver |
| 105th | 52 | Louise Cook | Smiley Paces | Long FV40 | 01:49:39 | +00:37:24 | Silver |
| 106th | 290 | Chris Wellard |  | Long M | 01:49:45 | +00:37:30 | Silver |
| 107th | 112 | Heather Haggis ${ }^{\text {人 }}$ | London City Athletics Club | Long F | 01:50:21 | +00:38:06 | Silver |
| 108th | 375 | Micheal Stubbs |  | Long MV40 | 01:50:35 | +00:38:20 | Silver |
| 109th | 10 | Kathy Bailey | Knowle \& Dorridge RC | Long FV50 | 01:50:42 | +00:38:27 | Silver |
| 110th | 209 | Owen Parker |  | Long MV40 | 01:50:44 | +00:38:29 | Silver |
| 111th | 248 | Chris Sanders(0) | (no club) | Long M | 01:50:52 | +00:38:37 | Silver |
| 112th | 282 | Simon Ward | Tideswell Running Club | Long MV60 | 01:51:01 | +00:38:46 | Silver |
| 113th | 256 | Andrew Smith | West Riding Sailing Club | Long MV40 | 01:51:52 | +00:39:37 | Silver |
| 114th | 147 | Fleur Jones | Smiley Paces | Long F | 01:52:23 | +00:40:08 | Silver |
| 115th | 96 | Emma Gilbert | Newark Striders Running Club | Long FV40 | 01:52:42 | +00:40:27 | Silver |
| 116th | 158 | Joanne Lee | (no club) | Long FV50 | 01:52:47 | +00:40:32 | Silver |
| 117th | 179 | Jude Mansfield | Knowle \& Dorridge RC | Long FV50 | 01:52:55 | +00:40:40 | Silver |
| 118th | 201 | Mick Oliver | Unaffiliated | Long MV50 | 01:52:58 | +00:40:43 | Bronze |
| 119th | 71 | Aitor de Gea Rico |  | Long M | 01:53:19 | +00:41:04 | Bronze |
| 120th | 166 | Emma Lindle |  | Long F | 01:53:37 | +00:41:22 | Silver |
| 121st | 161 | Pamela Leonfly | Smiley Paces | Long FV50 | 01:53:46 | +00:41:31 | Silver |
| 122nd | 9 | Lisa Ashwood | Disley Runners | Long FV40 | 01:53:53 | +00:41:38 | Silver |
| 123rd | 35 | Julia Buxton | Belper Harriers | Long FV50 | 01:54:51 | +00:42:36 | Silver |
| 124th | 374 | Matthew Thomas |  | Long MV50 | 01:54:55 | +00:42:40 | Bronze |
| 125th | 270 | Pete Tomlin A |  | Long M | 01:55:14 | +00:42:59 | Bronze |
| 126th | 188 | Kate Metcalfe | Glossopdale Harriers | Long F | 01:55:16 | +00:43:01 | Silver |
| 127th | 106 | Chris Grubb |  | Long MV40 | 01:55:30 | +00:43:15 | Bronze |
| 128th | 186 | James Meath | (no club) | Long M | 01:55:31 | +00:43:16 | Bronze |
| 129th | 212 | David Pashler |  | Long MV50 | 01:55:37 | +00:43:22 | Bronze |
| 130th | 246 | Katherine Sambrooks | Steel City Striders RC | Long F | 01:55:42 | +00:43:27 | Silver |
| 131st | 16 | Andrew Bidolak | -Individual- | Long MV40 | 01:55:45 | +00:43:30 | Bronze |
| 132nd | 39 | Wendi Carrington $\mathrm{fl}^{\text {人 }}$ | Newark Triathlon Club | Long FV50 | 01:55:57 | +00:43:42 | Silver |
| 133rd | 20 | Stephen Birch | Lonely Goats RC | Long MV40 | 01:56:26 | +00:44:11 | Bronze |
| 134th | 76 | Tony Dent | Tideswell Running Club | Long MV60 | 01:56:40 | +00:44:25 | Bronze |
| 135th | 133 | David Hopkins | (no club) | Long MV40 | 01:57:00 | +00:44:45 | Bronze |
| 136th | 253 | Robin Sibson | None | Long MV60 | 01:57:04 | +00:44:49 | Bronze |
| 137th | 213 | Caroline Payne | Unattached | Long FV40 | 01:57:10 | +00:44:55 | Silver |
| 138th | 284 | Abigail Waterfall | Matlock Athletic Club | Long FV40 | 01:57:12 | +00:44:57 | Silver |
| 139th | 171 | Dawn Lobban | Disley Runners | Long FV40 | 01:57:51 | +00:45:36 | Silver |
| 140th | 203 | Kate Owen |  | Long F | 01:58:03 | +00:45:48 | Silver |
| 141st | 286 | Samuel Wattret |  | Long M | 01:58:24 | +00:46:09 | Bronze |
| 142nd | 220 | Val Playdon | Ashbourne Running Club | Long FV50 | 01:59:04 | +00:46:49 | Silver |
| 143rd | 198 | Neil Nicolson | Beeston AC | Long MV40 | 01:59:24 | +00:47:09 | Bronze |
| 144th | 80 | Kate Donaldson | Notts Women Runners | Long FV50 | 02:00:14 | +00:47:59 | Silver |
| 145th | 170 | Michael Lloyd ${ }_{\text {A }}$ | Wellgate Running Club | Long M | 02:00:43 | +00:48:28 | Bronze |
| 146th | 169 | Caroline Lloyd | Wellgate Running Club | Long FV40 | 02:00:46 | +00:48:31 | Silver |
| 147th | 164 | Colin Lewis | Erewash Valley RC | Long MV60 | 02:00:54 | +00:48:39 | Bronze |


| Pos | No. | Name | Club | Class | Time | Behind | Award |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 148th | 126 | Barbra Hewitt |  | Long FV50 | 02:01:21 | +00:49:06 | Silver |
| 149th | 57 | Naomi Coverley | Tideswell Running Club | Long FV50 | 02:02:09 | +00:49:54 | Bronze |
| 150th | 181 | Heather Marsden | Tideswell Running Club | Long FV50 | 02:02:20 | +00:50:05 | Bronze |
| 151st | 130 | Rod Hockin | Leicester Triathlon Club | Long MV50 | 02:02:58 | +00:50:43 | Bronze |
| 152nd | 380 | Helen Robinson | Lonely Goat RC | Long F | 02:03:03 | +00:50:48 | Bronze |
| 153rd | 85 | David Evans |  | Long M | 02:04:09 | +00:51:54 | Bronze |
| 154th | 59 | Stuart Cridland |  | Long M | 02:04:54 | +00:52:39 | Bronze |
| 155th | 217 | Andy Peet |  | Long MV50 | 02:05:24 | +00:53:09 | Bronze |
| 156th | 33 | Angela Burley | Notts Women Runners | Long FV60 | 02:05:59 | +00:53:44 | Bronze |
| 157th | 376 | Stephen Sibbald | Congleton Harriers | Long MV50 | 02:06:11 | +00:53:56 | Bronze |
| 158th | 109 | Jonathan Guy |  | Long M | 02:07:23 | +00:55:08 | Bronze |
| 159th | 165 | Rachel Limbert | (no club) | Long F | 02:08:28 | +00:56:13 | Bronze |
| 160th | 279 | Neil Walker | Formula One Circuit Crew | Long MV50 | 02:08:32 | +00:56:17 | Bronze |
| 161st | 204 | Sally Owen | Matlock Athletic Club | Long FV50 | 02:08:43 | +00:56:28 | Bronze |
| 162nd | 5 | Robert Allcock |  | Long MV40 | 02:09:13 | +00:56:58 | Bronze |
| 163rd | 273 | Claire Turpin | (no club) | Long FV40 | 02:09:34 | +00:57:19 | Bronze |
| 164th | 287 | Andy Webb | No club | Long MV60 | 02:09:50 | +00:57:35 | Bronze |
| 165th | 117 | Mandy Halsey | Tideswell Running Club | Long FV50 | 02:09:56 | +00:57:41 | Bronze |
| 166th | 146 | Lisa Jolly | None | Long F | 02:11:09 | +00:58:54 | Bronze |
| 167th | 168 | Matthew Linney |  | Long MV40 | 02:11:17 | +00:59:02 | Bronze |
| 168th | 254 | Barry Sims f | Rodillian Runners | Long MV50 | 02:11:45 | +00:59:30 | Bronze |
| 169th= | 114 | Harry Hailwood | (no club) | Long M | 02:11:55 | +00:59:40 | Bronze |
| 169th= | 12 | Michael Bax | (no club) | Long M | 02:11:55 | +00:59:40 | Bronze |
| 171st | 251 | Bromley Sibson | None | Long M | 02:11:58 | +00:59:43 | Bronze |
| 172nd | 252 | Bryony Sibson |  | Long F | 02:12:00 | +00:59:45 | Bronze |
| 173rd | 260 | Ruth Smith |  | Long FV50 | 02:12:59 | +01:00:44 | Bronze |
| 174th | 142 | Ian Jameson |  | Long MV60 | 02:13:12 | +01:00:57 | Bronze |
| 175th | 238 | John Robinson $f$ | (no club) | Long MV60 | 02:13:13 | +01:00:58 | Bronze |
| 176th | 288 | Jennifer Weir |  | Long FV50 | 02:13:17 | +01:01:02 | Bronze |
| 177th | 144 | Emily Johnson |  | Long F | 02:13:26 | +01:01:11 | Bronze |
| 178th | 245 | Hayley Sackett |  | Long F | 02:13:29 | +01:01:14 | Bronze |
| 179th | 259 | Oskar Smith |  | Long M | 02:13:42 | +01:01:27 | Bronze |
| 180th | 226 | Luisa Rabanal $\square$ | Vegan Runners UK | Long FV40 | 02:13:44 | +01:01:29 | Bronze |
| 181st | 58 | Lindsey Craig | Jog Derbyshire | Long FV40 | 02:17:16 | +01:05:01 | Bronze |
| 182nd | 236 | Alan Robinson f | CMF | Long MV60 | 02:18:40 | +01:06:25 | Bronze |
| 183rd | 237 | Helen Robinson |  | Long F | 02:18:43 | +01:06:28 | Bronze |
| 184th | 103 | Richard Green(0) | n/a | Long MV40 | 02:18:49 | +01:06:34 | Bronze |
| 185th | 373 | Victoria Carter | Mossley AFC Running Club | Long F | 02:19:02 | +01:06:47 | Bronze |
| 186th | 160 | Katy Leitheiser |  | Long FV40 | 02:19:09 | +01:06:54 | Bronze |
| 187th | 266 | Karen Swift | Erewash Valley RC | Long FV40 | 02:19:43 | +01:07:28 | Bronze |
| 188th | 3 | Jaime Aldaya | (no club) | Long MV40 | 02:26:51 | +01:14:36 | Bronze |
| 189th | 87 | Helen Flint | -Individual- | Long FV40 | 02:28:06 | +01:15:51 | Bronze |
| 190th | 211 | Esther Parry | Newark Striders Running Club | Long F | 02:28:07 | +01:15:52 | Bronze |
| 191st | 191 | Philippa Moorhead | Steel City Striders RC | Long FV50 | 02:32:19 | +01:20:04 | Bronze |
| 192nd | 261 | Sallyann Smith | Sheffield Triathlon Club | Long FV60 | 02:32:31 | +01:20:16 | Bronze |
| 193rd | 110 | Tim Guy |  | Long MV60 | 02:37:56 | +01:25:41 | Bronze |
| 194th | 205 | Sarah Owens | Tideswell Running Club | Long FV50 | 02:40:22 | +01:28:07 | Bronze |
| 195th | 230 | Judith Richardson ${ }^{\text {P }}$ | Notts Women Runners | Long FV50 | 02:48:21 | +01:36:06 | Bronze |
| 196th | 275 | Michelle Vallance | Notts Women Runners | Long FV50 | 02:48:40 | +01:36:25 | Bronze |
|  | 163 | Stephen Lewington |  | Long MV40 | DNF |  |  |

