Results for Autumn Trail Run Series - R2 - Calver - Long - 20 Oct 2019

## Class Results

## Long F

## Split Times

15.4km 432m

| Pos | Name | Time | S Start | 1 FS CP | F Finish |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 1st | Lucy Wasinski Glossopdale Harriers | 01:18:19 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:56:35 (1st) } \\ & 00: 56: 35 \\ & \hline 1 \mathrm{nt}) \end{aligned}$ | $\begin{aligned} & \frac{01: 18: 19}{00: 21: 44} \text { (1st) } \\ & \underline{1 \mathrm{st}} \text { ) } \end{aligned}$ |
| 2nd | Gemma Cox $0$ | 01:20:41 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:58:28 (2nd) } \\ & 00: 58: 28 \text { (2nd) } \end{aligned}$ | $\begin{aligned} & \text { 01:20:41 (2nd) } \\ & 00: 22: 13 \text { (2nd) } \end{aligned}$ |
| 3rd | Danielle De Simone GoodGym Race Team | 01:27:48 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:04:38 (3rd) } \\ & \text { 01:04:38 (3rd) } \end{aligned}$ | $\begin{aligned} & \text { 01:27:48 (3rd) } \\ & 00: 23: 10 \text { (3rd) } \end{aligned}$ |
| 4th | Gretel Hardwick Holme Pierrepont RC | 01:31:56 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:08:20 (5th) } \\ & \text { 01:08:20 (5th) } \end{aligned}$ | $\begin{aligned} & \text { 01:31:56 (4th) } \\ & 00: 23: 36 \text { (4th) } \end{aligned}$ |
| 5th | Daniela Heeg | 01:34:32 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:08:04 (4th) } \\ & \text { 01:08:04 (4th) } \end{aligned}$ | $\begin{aligned} & \text { 01:34:32 (5th) } \\ & \text { 00:26:28 (7th) } \end{aligned}$ |
| 6th | Charlotte Birch Sheffield Triathlon Club | 01:34:51 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:09:12 (6th) } \\ & \text { 01:09:12 (6th) } \end{aligned}$ | $\begin{aligned} & \text { 01:34:51 (6th) } \\ & \text { 00:25:39 (5th) } \end{aligned}$ |
| 7th | Valeria Gasparini Steel City Striders RC | 01:37:25 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:11:41 (9th) } \\ & \text { 01:11:41 (9th) } \end{aligned}$ | $\begin{aligned} & \text { 01:37:25 (7th) } \\ & \text { 00:25:44 (6th) } \end{aligned}$ |
| 8th | Fleur Jones Smiley Paces | 01:37:30 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:10:37 (8th) } \\ & \text { 01:10:37 (8th) } \end{aligned}$ | $\begin{aligned} & \text { 01:37:30 (8th) } \\ & \text { 00:26:53 (9th) } \end{aligned}$ |
| 9th | Rachel Bailey (no club) | 01:39:57 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:10:35 (7th) } \\ & \text { 01:10:35 (7th) } \end{aligned}$ | 01:39:57 (9th) 00:29:22 (17th) |
| 10th | Amy Barter <br> Stockport Harriers \& AC | 01:40:18 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:13:44 (12th) } \\ & \text { 01:13:44 (12th) } \end{aligned}$ | $\begin{aligned} & \text { 01:40:18 (10th) } \\ & \text { 00:26:34 (8th) } \end{aligned}$ |
| 11th | Rona Cole | 01:40:27 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:12:33 (10th) } \\ & \text { 01:12:33 (10th) } \end{aligned}$ | $\begin{aligned} & \text { 01:40:27 (11th) } \\ & 00: 27: 54 \text { (14th) } \end{aligned}$ |
| 12th | Kate Owen | 01:40:40 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:13:25 (11th) } \\ & \text { 01:13:25 (11th) } \end{aligned}$ | $\begin{aligned} & \text { 01:40:40 (12th) } \\ & \text { 00:27:15 (11th) } \end{aligned}$ |
| 13th | Anna Harding <br> Belper Ten Twenty Triathlon Club | 01:42:14 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:14:24 (13th) } \\ & \text { 01:14:24 (13th) } \end{aligned}$ | $\begin{aligned} & \text { 01:42:14 (13th) } \\ & 00: 27: 50 \text { (13th) } \end{aligned}$ |
| 14th | Kate Metcalfe Glossopdale Harriers | 01:43:45 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:16:36 (15th) } \\ & \text { 01:16:36 (15th) } \end{aligned}$ | $\begin{aligned} & \text { 01:43:45 (14th) } \\ & \text { 00:27:09 (10th) } \end{aligned}$ |
| 15th | Rhianna Coggins | 01:45:08 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:15:58 (14th) } \\ & \text { 01:15:58 (14th) } \end{aligned}$ | $\begin{aligned} & \text { 01:45:08 (15th) } \\ & \text { 00:29:10 (16th) } \end{aligned}$ |
| 16th | Alice Hinds | 01:47:56 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:20:08 (17th) } \\ & \text { 01:20:08 (17th) } \end{aligned}$ | $\begin{aligned} & \text { 01:47:56 (16th) } \\ & \text { 00:27:48 (12th) } \end{aligned}$ |
| 17th | Gemma Phipps | 01:50:33 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:22:03 (19th) } \\ & \text { 01:22:03 (19th) } \end{aligned}$ | $\begin{aligned} & \text { 01:50:33 (17th) } \\ & \text { 00:28:30 (15th) } \end{aligned}$ |
| 18th | Heather Parkes | 01:51:47 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:21:42 (18th) } \\ & \text { 01:21:42 (18th) } \end{aligned}$ | $\begin{aligned} & \text { 01:51:47 (18th) } \\ & \text { 00:30:05 (18th) } \end{aligned}$ |
| 19th | Jemma Bates | 01:52:31 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:19:31 (16th) } \\ & \text { 01:19:31 (16th) } \end{aligned}$ | $\begin{aligned} & \text { 01:52:31 (19th) } \\ & \text { 00:33:00 (22nd) } \end{aligned}$ |
| 20th | Rachel Kearns | 01:56:10 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:24:50 (21st) } \\ & 01: 24: 50 \text { (21st) } \end{aligned}$ | $\begin{aligned} & \text { 01:56:10 (20th) } \\ & \text { 00:31:20 (21st) } \end{aligned}$ |
| 21st | Rachel Weaver | 01:56:28 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:26:01 (23rd) } \\ & \text { 01:26:01 (23rd) } \end{aligned}$ | $\begin{aligned} & \text { 01:56:28 (21st) } \\ & \text { 00:30:27 (19th) } \end{aligned}$ |
| 22nd | Catherine Guy | 01:57:47 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:24:17 (20th) } \\ & \text { 01:24:17 (20th) } \end{aligned}$ | $\begin{aligned} & \text { 01:57:47 (22nd) } \\ & \text { 00:33:30 (23rd) } \end{aligned}$ |


| Pos | Name | Time | S Start | 1 FS CP | F Finish |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 23rd | Lindsay Holden | 01:59:10 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:25:00 (22nd) } \\ & \text { 01:25:00 (22nd) } \end{aligned}$ | $\begin{aligned} & \text { 01:59:10 (23rd) } \\ & \text { 00:34:10 (24th) } \end{aligned}$ |
| 24th | Helen Robinson | 02:05:41 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:31:22 (25th) } \\ & \text { 01:31:22 (25th) } \end{aligned}$ | $\begin{aligned} & \text { 02:05:41 (24th) } \\ & 00: 34: 19 \text { (25th) } \end{aligned}$ |
| 25th | Rhian Broomhead (no club) | 02:06:50 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:30:38 (24th) } \\ & \text { 01:30:38 (24th) } \end{aligned}$ | $\begin{aligned} & \text { 02:06:50 (25th) } \\ & \text { 00:36:12 (27th) } \end{aligned}$ |
| 26th | Annabelle Nojac | 02:18:11 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:40:29 (26th) } \\ & \text { 01:40:29 (26th) } \end{aligned}$ | $\begin{aligned} & \text { 02:18:11 (26th) } \\ & \text { 00:37:42 (28th) } \end{aligned}$ |
| 27th | Katherine Sambrooks Steel City Striders RC | 02:23:51 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:52:56 (28th) } \\ & \text { 01:52:56 (28th) } \end{aligned}$ | $\begin{aligned} & \text { 02:23:51 (27th) } \\ & 00: 30: 55 \text { (20th) } \end{aligned}$ |
| 28th | Lindsay Furze <br> Notts Women Runners | 02:25:51 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:47:42 (27th) } \\ & \text { 01:47:42 (27th) } \end{aligned}$ | $\begin{aligned} & \text { 02:25:51 (28th) } \\ & \text { 00:38:09 (29th) } \end{aligned}$ |
| 29th | Kate Lee <br> Wellgate Running Club | 02:32:54 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:57:21 (29th) } \\ & \text { 01:57:21 (29th) } \end{aligned}$ | $\begin{aligned} & \text { 02:32:54 (29th) } \\ & \text { 00:35:33 (26th) } \end{aligned}$ |
|  | Louise Tanya Beach None | DNF | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 02:05:25 (30th) } \\ & \text { 02:05:25 (30th) } \end{aligned}$ |  |

## Long FV40

## Split Times

15.4 km 432 m

| Pos | Name | Time | S Start | 1 FS CP | F Finish |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 1st | Lisa Deacon Notts AC | 01:18:17 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 00:57:40 (1st) } \\ & \text { 00:57:40 (1st) } \end{aligned}$ | $\begin{aligned} & \text { 01:18:17 (1st) } \\ & \text { 00:20:37 (1st) } \end{aligned}$ |
| 2nd | Jessica Brooks Steel City Striders | 01:24:08 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & 01: 01: 30 \text { (2nd) } \\ & 01: 01: 30 \text { (2nd) } \end{aligned}$ | $\begin{aligned} & \text { 01:24:08 (2nd) } \\ & \text { 00:22:38 (2nd) } \end{aligned}$ |
| 3rd | Jane Eaton <br> Belper Ten Twenty Triathlon Club | 01:26:47 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 01:03:32 (3rd) } \\ & \text { 01:03:32 (3rd) } \end{aligned}$ | $\begin{aligned} & \text { 01:26:47 (3rd) } \\ & \text { 00:23:15 (3rd) } \end{aligned}$ |
| 4th | Jennie Stevens Steel City Striders RC | 01:27:31 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 01:03:57 (4th) } \\ & \text { 01:03:57 (4th) } \end{aligned}$ | $\begin{aligned} & \text { 01:27:31 (4th) } \\ & 00: 23: 34 \text { (4th) } \end{aligned}$ |
| 5th | Alison Griffiths Smiley Paces | 01:29:08 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 01:05:13 (6th) } \\ & \text { 01:05:13 (6th) } \end{aligned}$ | $\begin{aligned} & \text { 01:29:08 (5th) } \\ & 00: 23: 55 \text { (5th) } \end{aligned}$ |
| 6th | Rebecca Brimage Stockport Harriers \& AC | 01:29:41 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 01:04:24 (5th) } \\ & \text { 01:04:24 (5th) } \end{aligned}$ | $\begin{aligned} & \text { 01:29:41 (6th) } \\ & \text { 00:25:17 (7th) } \end{aligned}$ |
| 7th | Sally Hook | 01:30:19 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 01:06:15 (7th) } \\ & \text { 01:06:15 (7th) } \end{aligned}$ | $\begin{aligned} & \text { 01:30:19 (7th) } \\ & \text { 00:24:04 (6th) } \end{aligned}$ |
| 8th | Sheila Pearce | 01:34:16 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 01:06:25 (8th) } \\ & \text { 01:06:25 (8th) } \end{aligned}$ | $\begin{aligned} & \text { 01:34:16 (8th) } \\ & 00: 27: 51 \text { (19th) } \end{aligned}$ |
| 9th | Victoria Ferguson | 01:35:24 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 01:08:48 (10th) } \\ & \text { 01:08:48 (10th) } \end{aligned}$ | $\begin{aligned} & \text { 01:35:24 (9th) } \\ & \text { 00:26:36 (15th) } \end{aligned}$ |
| 10th | Louise Cook Smiley Paces | 01:35:28 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 01:08:55 (11th) } \\ & 01: 08: 55 \text { (11th) } \end{aligned}$ | $\begin{aligned} & \text { 01:35:28 (10th) } \\ & 00: 26: 33 \text { (14th) } \end{aligned}$ |
| 11th | Emma Gilbert Newark Striders Running Club | 01:35:43 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 01:10:13 (13th) } \\ & \text { 01:10:13 (13th) } \end{aligned}$ | $\begin{aligned} & \text { 01:35:43 (11th) } \\ & \text { 00:25:30 (10th) } \end{aligned}$ |
| 12th | Becky Taylor | 01:35:48 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 01:07:50 (9th) } \\ & \text { 01:07:50 (9th) } \end{aligned}$ | $\begin{aligned} & \text { 01:35:48 (12th) } \\ & 00: 27: 58 \text { (20th) } \end{aligned}$ |
| 13th | Victoria Hufton | 01:36:58 | $\begin{aligned} & 00: 00: 00 \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 01:11:31 (16th) } \\ & \text { 01:11:31 (16th) } \end{aligned}$ | $\begin{aligned} & \text { 01:36:58 (13th) } \\ & \text { 00:25:27 (8th=) } \end{aligned}$ |
| 14th | Abigail Waterfall <br> Matlock Athletic Club | 01:37:11 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 01:11:08 (15th) } \\ & \text { 01:11:08 (15th) } \end{aligned}$ | $\begin{aligned} & \text { 01:37:11 (14th) } \\ & \text { 00:26:03 (12th) } \end{aligned}$ |
| 15th | Charlotte Nowill | 01:37:49 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:12:22 (17th) } \\ & \text { 01:12:22 (17th) } \end{aligned}$ | $\begin{aligned} & \text { 01:37:49 (15th) } \\ & 00: 25: 27 \text { (8th }) \end{aligned}$ |
| 16th | Helen Emmerson Matlock Athletic Club | 01:37:56 | $\begin{aligned} & 00: 00: 00 \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 01:11:07 (14th) } \\ & \text { 01:11:07 (14th) } \end{aligned}$ | $\begin{aligned} & \text { 01:37:56 (16th) } \\ & \text { 00:26:49 (17th) } \end{aligned}$ |


| Pos | Name | Time | S Start | 1 FS CP | F Finish |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 17th | Caroline Lloyd Wellgate Running Club | 01:38:23 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:09:02 (12th) } \\ & \text { 01:09:02 (12th) } \end{aligned}$ | $\begin{aligned} & \text { 01:38:23 (17th) } \\ & 00: 29: 21 \text { (23rd=) } \end{aligned}$ |
| 18th | Kelly Ford Barnsley Harriers | 01:38:33 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:12:46 (19th) } \\ & \text { 01:12:46 (19th) } \end{aligned}$ | $\begin{aligned} & \text { 01:38:33 (18th) } \\ & 00: 25: 47 \text { (11th) } \end{aligned}$ |
| 19th | Karen Weir <br> Ranelagh Harriers | 01:39:05 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:12:26 (18th) } \\ & \text { 01:12:26 (18th) } \end{aligned}$ | $\begin{aligned} & \text { 01:39:05 (19th) } \\ & 00: 26: 39 \text { (16th) } \end{aligned}$ |
| 20th | Charlotte Birch | 01:42:22 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:15:06 (20th) } \\ & \text { 01:15:06 (20th) } \end{aligned}$ | $\begin{aligned} & \text { 01:42:22 (20th) } \\ & \text { 00:27:16 (18th) } \end{aligned}$ |
| 21st | Louise Reynolds Individual | 01:46:05 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:19:47 (23rd) } \\ & 01: 19: 47 \text { (23rd) } \end{aligned}$ | $\begin{aligned} & \text { 01:46:05 (21st) } \\ & 00: 26: 18 \text { (13th) } \end{aligned}$ |
| 22nd | Caroline Payne Unattached | 01:46:22 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:17:27 (21st) } \\ & 01: 17: 27 \text { (21st) } \end{aligned}$ | $\begin{aligned} & \text { 01:46:22 (22nd) } \\ & \text { 00:28:55 (22nd) } \end{aligned}$ |
| 23rd | Anna Brown Matlock Athletic Club | 01:47:01 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:17:40 (22nd) } \\ & \text { 01:17:40 (22nd) } \end{aligned}$ | $\begin{aligned} & \text { 01:47:01 (23rd) } \\ & \text { 00:29:21 (23rd=) } \end{aligned}$ |
| 24th | Silke Krieger-Ford | 01:50:12 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:21:39 (26th) } \\ & \text { 01:21:39 (26th) } \end{aligned}$ | $\begin{aligned} & \text { 01:50:12 (24th) } \\ & 00: 28: 33 \text { (21st) } \end{aligned}$ |
| 25th | Rachel Mason -Individual- | 01:50:33 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:20:23 (24th) } \\ & 01: 20: 23 \text { (24th) } \end{aligned}$ | $\begin{aligned} & \text { 01:50:33 (25th) } \\ & \text { 00:30:10 (26th) } \end{aligned}$ |
| 26th | Dawn Lobban Disley Runners | 01:50:40 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 01:20:31 (25th) } \\ & \text { 01:20:31 (25th) } \end{aligned}$ | $\begin{aligned} & \text { 01:50:40 (26th) } \\ & 00: 30: 09 \text { (25th) } \end{aligned}$ |
| 27th | Fay Parker Notfast RC | 01:52:32 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:22:15 (27th) } \\ & \text { 01:22:15 (27th) } \end{aligned}$ | $\begin{aligned} & \text { 01:52:32 (27th) } \\ & \text { 00:30:17 (27th) } \end{aligned}$ |
| 28th | Nikki Dales Notfast RC | 01:52:38 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:22:20 (28th) } \\ & \text { 01:22:20 (28th) } \end{aligned}$ | $\begin{aligned} & \text { 01:52:38 (28th) } \\ & \text { 00:30:18 (28th) } \end{aligned}$ |
| 29th | Becky Evans | 01:58:12 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:26:26 (29th) } \\ & \text { 01:26:26 (29th) } \end{aligned}$ | $\begin{aligned} & \text { 01:58:12 (29th) } \\ & 00: 31: 46 \text { (33rd=) } \end{aligned}$ |
| 30th | Clare Cooper Belper Harriers | 01:58:18 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:26:32 (30th) } \\ & \text { 01:26:32 (30th) } \end{aligned}$ | $\begin{aligned} & \text { 01:58:18 (30th) } \\ & \text { 00:31:46 (33rd=) } \end{aligned}$ |
| 31st | Lindsey Craig Jog Derbyshire | 01:58:40 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:28:00 (32nd=) } \\ & \text { 01:28:00 (32nd=) } \end{aligned}$ | $\begin{aligned} & \text { 01:58:40 (31st) } \\ & 00: 30: 40 \text { (29th) } \end{aligned}$ |
| 32nd | Lisa Nappin Derwent Runners (Derby) | 01:58:44 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:28:00 (32nd=) } \\ & \text { 01:28:00 (32nd=) } \end{aligned}$ | $\begin{aligned} & \text { 01:58:44 (32nd) } \\ & 00: 30: 44 \text { (30th) } \end{aligned}$ |
| 33rd | Karen Swift <br> Erewash Valley RC | 01:58:57 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:27:52 (31st) } \\ & 01: 27: 52 \text { (31st) } \end{aligned}$ | $\begin{aligned} & \text { 01:58:57 (33rd) } \\ & 00: 31: 05 \text { (31st) } \end{aligned}$ |
| 34th | Jan Zemlik | 01:59:43 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:28:24 (34th) } \\ & \text { 01:28:24 (34th) } \end{aligned}$ | $\begin{aligned} & \text { 01:59:43 (34th) } \\ & 00: 31: 19 \text { (32nd) } \end{aligned}$ |
| 35th | Davina Ripton | 02:04:08 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:30:24 (35th) } \\ & 01: 30: 24 \text { (35th) } \end{aligned}$ | $\begin{aligned} & \text { 02:04:08 (35th) } \\ & 00: 33: 44 \text { (35th) } \end{aligned}$ |
| 36th | Joanne Slinger (no club) | 02:06:49 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:30:26 (36th) } \\ & \text { 01:30:26 (36th) } \end{aligned}$ | $\begin{aligned} & \text { 02:06:49 (36th) } \\ & 00: 36: 23 \text { (36th) } \end{aligned}$ |

## Long FV50

## Split Times

15.4 km 432 m

| Pos | Name | Time | S Start | 1 FS CP | F Finish |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 1st | Isa Sinfield (no club) | 01:20:34 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \mathbf{0 0 : 5 7 : 5 7} \text { (1st) } \\ & \text { 00:57:57 (1st) } \end{aligned}$ | $\begin{aligned} & 01: 20: 34 \text { (1st) } \\ & 00: 22: 37 \text { (1st) } \end{aligned}$ |
| 2nd | Helen Stout Erewash Valley RC | 01:29:28 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:05:48 (3rd) } \\ & \text { 01:05:48 (3rd) } \end{aligned}$ | $\begin{aligned} & \text { 01:29:28 (2nd) } \\ & \text { 00:23:40 (2nd) } \end{aligned}$ |
| 3rd | Nicky Owen Belper Harriers | 01:29:50 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:04:28 (2nd) } \\ & \text { 01:04:28 (2nd) } \end{aligned}$ | $\begin{aligned} & \text { 01:29:50 (3rd) } \\ & \text { 00:25:22 (5th) } \end{aligned}$ |
| 4th | Lucie Lynk | 01:31:42 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:06:55 (4th) } \\ & 01: 06: 55 \text { (4th) } \end{aligned}$ | $\begin{aligned} & 01: 31: 42 \text { (4th) } \\ & 00: 24: 47 \text { (3rd) } \end{aligned}$ |


| Pos | Name | Time | S Start | 1 FS CP | F Finish |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 5th | Kathy Bailey Knowle \& Dorridge RC | 01:35:04 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:09:44 (5th) } \\ & \text { 01:09:44 (5th) } \end{aligned}$ | $\begin{aligned} & \text { 01:35:04 (5th) } \\ & \text { 00:25:20 (4th) } \end{aligned}$ |
| 6th | Pamela Leon Smiley Paces | 01:37:27 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:09:57 (6th) } \\ & \text { 01:09:57 (6th) } \end{aligned}$ | $\begin{aligned} & \text { 01:37:27 (6th) } \\ & \text { 00:27:30 (10th) } \end{aligned}$ |
| 7th | Anne Hegarty Totley AC | 01:39:24 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:12:34 (7th) } \\ & \text { 01:12:34 (7th) } \end{aligned}$ | $\begin{aligned} & \text { 01:39:24 (7th) } \\ & \text { 00:26:50 (8th=) } \end{aligned}$ |
| 8th | Katrina Kemp <br> Leicester Triathlon Club | 01:43:16 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:17:23 (9th) } \\ & \text { 01:17:23 (9th) } \end{aligned}$ | $\begin{aligned} & \text { 01:43:16 (8th) } \\ & \text { 00:25:53 (6th) } \end{aligned}$ |
| 9th | Andrea Coupland | 01:44:54 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:18:19 (11th) } \\ & \text { 01:18:19 (11th) } \end{aligned}$ | $\begin{aligned} & \text { 01:44:54 (9th) } \\ & \text { 00:26:35 (7th) } \end{aligned}$ |
| 10th | Angela McCarthy Wilmslow Running Club | 01:45:24 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:17:50 (10th) } \\ & \text { 01:17:50 (10th) } \end{aligned}$ | $\begin{aligned} & \text { 01:45:24 (10th) } \\ & \text { 00:27:34 (11th) } \end{aligned}$ |
| 11th | Val Playdon Ashbourne Running Club | 01:45:31 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:15:33 (8th) } \\ & \text { 01:15:33 (8th) } \end{aligned}$ | $\begin{aligned} & \text { 01:45:31 (11th) } \\ & \text { 00:29:58 (12th) } \end{aligned}$ |
| 12th | Julia Buxton Belper Harriers | 01:49:31 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:22:41 (12th) } \\ & \text { 01:22:41 (12th) } \end{aligned}$ | $\begin{aligned} & \text { 01:49:31 (12th) } \\ & \text { 00:26:50 (8th=) } \end{aligned}$ |
| 13th | Jo Phillips (no club) | 01:57:03 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:26:07 (14th) } \\ & \text { 01:26:07 (14th) } \end{aligned}$ | $\begin{aligned} & \text { 01:57:03 (13th) } \\ & \text { 00:30:56 (13th) } \end{aligned}$ |
| 14th | Ruth Smith | 01:57:58 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:24:52 (13th) } \\ & \text { 01:24:52 (13th) } \end{aligned}$ | $\begin{aligned} & \text { 01:57:58 (14th) } \\ & \text { 00:33:06 (16th) } \end{aligned}$ |
| 15th | Heather Marsden Tideswell Running Club | 01:59:43 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:27:34 (16th) } \\ & \text { 01:27:34 (16th) } \end{aligned}$ | $\begin{aligned} & \text { 01:59:43 (15th) } \\ & \text { 00:32:09 (14th) } \end{aligned}$ |
| 16th | Mandy Halsey Tideswell Running Club | 01:59:46 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:27:32 (15th) } \\ & \text { 01:27:32 (15th) } \end{aligned}$ | $\begin{aligned} & \text { 01:59:46 (16th) } \\ & \text { 00:32:14 (15th) } \end{aligned}$ |
| 17th | Jayne Wyche (no club) | 02:05:45 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:31:21 (17th) } \\ & \text { 01:31:21 (17th) } \end{aligned}$ | $\begin{aligned} & \text { 02:05:45 (17th) } \\ & 00: 34: 24 \text { (17th) } \end{aligned}$ |
| 18th | Jan Owen | 02:10:17 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:33:32 (18th) } \\ & \text { 01:33:32 (18th) } \end{aligned}$ | $\begin{aligned} & \text { 02:10:17 (18th) } \\ & \text { 00:36:45 (19th) } \end{aligned}$ |
| 19th | Karen Battye <br> Wellgate Running Club | 02:33:00 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:57:30 (21st) } \\ & \text { 01:57:30 (21st) } \end{aligned}$ | $\begin{aligned} & \text { 02:33:00 (19th) } \\ & \text { 00:35:30 (18th) } \end{aligned}$ |
| 20th | Judith Richardson Notts Women Runners | 02:34:18 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:48:27 (19th) } \\ & \text { 01:48:27 (19th) } \end{aligned}$ | $\begin{aligned} & \text { 02:34:18 (20th) } \\ & 00: 45: 51 \text { (21st=) } \end{aligned}$ |
| 21st | Michelle Vallance Notts Women Runners | 02:34:20 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:48:29 (20th) } \\ & \text { 01:48:29 (20th) } \end{aligned}$ | $\begin{aligned} & \text { 02:34:20 (21st) } \\ & 00: 45: 51 \text { (21st=) } \end{aligned}$ |
| 22nd | Amanda Poppleton Ilkley Harriers AC | 02:40:48 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 02:00:17 (22nd) } \\ & \text { 02:00:17 (22nd) } \end{aligned}$ | $\begin{aligned} & \text { 02:40:48 (22nd) } \\ & \text { 00:40:31 (20th) } \end{aligned}$ |

## Long FV60

## Split Times

15.4 km 432 m

| Pos | Name | Time | S Start | 1 FS CP | F Finish |
| :--- | :--- | ---: | :---: | :---: | :---: |
| 1st | Angela Burley | $02: 03: 45$ | $00: 00: 00$ | $\underline{\mathbf{0 1}: 30: 07}$ (1st) | $\mathbf{0 2 : 0 3 : 4 5}$ (1st) |
|  | Notts Women Runners |  | $00: 00: 00$ | $\underline{\mathbf{0 1}: 30: 07}$ (1st) | $\underline{\mathbf{0 0 : 3 3 : 3 8}}$ (1st) |

## Long M

## Split Times

15.4km 432m
Pos Name Time S Start 1 FS CP F Finish

| Pos | Name | Time | S Start | 1 FS CP | F Finish |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 1st | Laurie Luscombe Liverpool Harriers \& AC | 01:05:22 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:47:48 (1st) } \\ & \underline{00: 47: 48 ~(1 s t) ~} \end{aligned}$ | $\begin{aligned} & \text { 01:05:22 (1st) } \\ & \text { 00:17:34 (1st) } \end{aligned}$ |
| 2nd | James Fulcher Steel City Striders | 01:14:48 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & 00: 52: 52 \text { (3rd) } \\ & 00: 52: 52 \text { (3rd) } \end{aligned}$ | $\begin{aligned} & \text { 01:14:48 (2nd) } \\ & 00: 21: 56 \text { (14th) } \end{aligned}$ |
| 3rd | Alex Coleman Poplar Running Club | 01:15:07 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:55:45 (7th) } \\ & 00: 55: 45 \text { (7th) } \end{aligned}$ | $\begin{aligned} & \text { 01:15:07 (3rd) } \\ & 00: 19: 22 \text { (3rd) } \end{aligned}$ |
| 4th | Arthur Law Holme Pierrepont RC | 01:15:46 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & 00: 54: 44 \text { (4th) } \\ & 00: 54: 44 \text { (4th) } \end{aligned}$ | $\begin{aligned} & \text { 01:15:46 (4th) } \\ & \text { 00:21:02 (9th) } \end{aligned}$ |
| 5th | Simon Betteridge Ashbourne Running Club | 01:15:51 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:55:54 (8th) } \\ & \text { 00:55:54 (8th) } \end{aligned}$ | $\begin{aligned} & \text { 01:15:51 (5th) } \\ & 00: 19: 57 \text { (5th) } \end{aligned}$ |
| 6th | Tom Mowbray Rolls Royce Harriers | 01:16:01 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:55:30 (5th) } \\ & \text { 00:55:30 (5th) } \end{aligned}$ | $\begin{aligned} & \text { 01:16:01 (6th) } \\ & \text { 00:20:31 (7th) } \end{aligned}$ |
| 7th | Bob Templeman Vegan Runners UK | 01:17:27 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:58:33 (14th) } \\ & \text { 00:58:33 (14th) } \end{aligned}$ | $\begin{aligned} & \text { 01:17:27 (7th) } \\ & \text { 00:18:54 (2nd) } \end{aligned}$ |
| 8th | Sam Harrison GoodGym Race Team | 01:17:28 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:56:19 (9th) } \\ & \text { 00:56:19 (9th) } \end{aligned}$ | $\begin{aligned} & \text { 01:17:28 (8th) } \\ & \text { 00:21:09 (10th) } \end{aligned}$ |
| 9th | Craig Walker | 01:17:51 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | 00:56:23 (10th) <br> 00:56:23 (10th) | 01:17:51 (9th) 00:21:28 (11th) |
| 10th | Mike Jones Sheffield Triathlon Club | 01:18:01 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:55:39 (6th) } \\ & \text { 00:55:39 (6th) } \end{aligned}$ | $\begin{aligned} & \text { 01:18:01 (10th) } \\ & \text { 00:22:22 (16th) } \end{aligned}$ |
| 11th | Sam Brown Steel City Striders | 01:18:20 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | 00:58:57 (15th) 00:58:57 (15th) | $\begin{aligned} & \text { 01:18:20 (11th) } \\ & 00: 19: 23 \text { (4th) } \end{aligned}$ |
| 12th | James Stockton (no club) | 01:18:36 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | 00:56:46 (11th) 00:56:46 (11th) | $\begin{aligned} & \text { 01:18:36 (12th) } \\ & \text { 00:21:50 (13th) } \end{aligned}$ |
| 13th | Keith Sambrooks Totley AC | 01:19:15 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:57:44 (12th) } \\ & 00: 57: 44 \text { (12th) } \end{aligned}$ | $\begin{aligned} & \text { 01:19:15 (13th) } \\ & \text { 00:21:31 (12th) } \end{aligned}$ |
| 14th | Nye Farley $0$ | 01:20:33 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:00:18 (20th) } \\ & \text { 01:00:18 (20th) } \end{aligned}$ | $\begin{aligned} & \text { 01:20:33 (14th) } \\ & \text { 00:20:15 (6th) } \end{aligned}$ |
| 15th | Lewis Weaver | 01:21:24 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:58:58 (16th) } \\ & 00: 58: 58 \text { (16th) } \end{aligned}$ | $\begin{aligned} & \text { 01:21:24 (15th) } \\ & \text { 00:22:26 (17th) } \end{aligned}$ |
| 16th | Liam Jackson | 01:22:20 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:58:26 (13th) } \\ & \text { 00:58:26 (13th) } \end{aligned}$ | $\begin{aligned} & \text { 01:22:20 (16th) } \\ & \text { 00:23:54 (23rd) } \end{aligned}$ |
| 17th | Paul Robinson | 01:22:31 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:59:43 (18th) } \\ & \text { 00:59:43 (18th) } \end{aligned}$ | $\begin{aligned} & \text { 01:22:31 (17th) } \\ & \text { 00:22:48 (19th) } \end{aligned}$ |
| 18th | Will Weir Lonely Goats RC | 01:22:38 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:59:06 (17th) } \\ & \text { 00:59:06 (17th) } \end{aligned}$ | $\begin{aligned} & \text { 01:22:38 (18th) } \\ & \text { 00:23:32 (22nd) } \end{aligned}$ |
| 19th | Martyn Ryan (no club) | 01:22:55 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:01:54 (24th) } \\ & 01: 01: 54 \text { (24th) } \end{aligned}$ | $\begin{aligned} & \text { 01:22:55 (19th) } \\ & \text { 00:21:01 (8th) } \end{aligned}$ |
| 20th | David Locke <br> Rotherham Harriers and AC | 01:22:57 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:00:37 (22nd) } \\ & \text { 01:00:37 (22nd) } \end{aligned}$ | $\begin{aligned} & \text { 01:22:57 (20th) } \\ & 00: 22: 20 \text { (15th) } \end{aligned}$ |
| 21st | Pete Wallroth Glossopdale Harriers | 01:24:01 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:00:46 (23rd) } \\ & \text { 01:00:46 (23rd) } \end{aligned}$ | $\begin{aligned} & \text { 01:24:01 (21st) } \\ & 00: 23: 15 \text { (21st) } \end{aligned}$ |
| 22nd | Paul Roberts | 01:24:23 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:59:46 (19th) } \\ & \text { 00:59:46 (19th) } \end{aligned}$ | $\begin{aligned} & \text { 01:24:23 (22nd) } \\ & \text { 00:24:37 (27th) } \end{aligned}$ |
| 23rd | Moritz Huber Vegan Runners UK | 01:24:36 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:00:21 (21st) } \\ & \text { 01:00:21 (21st) } \end{aligned}$ | $\begin{aligned} & \text { 01:24:36 (23rd) } \\ & 00: 24: 15 \text { (26th) } \end{aligned}$ |
| 24th | Daniel Curtis (no club) | 01:25:08 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:02:38 (25th) } \\ & \text { 01:02:38 (25th) } \end{aligned}$ | $\begin{aligned} & \text { 01:25:08 (24th) } \\ & \text { 00:22:30 (18th) } \end{aligned}$ |
| 25th | Fraser Davies Totley AC | 01:27:06 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 00:52:10 (2nd) } \\ & 00: 52: 10 \text { (2nd) } \end{aligned}$ | $\begin{aligned} & \text { 01:27:06 (25th) } \\ & \text { 00:34:56 (53rd) } \end{aligned}$ |
| 26th | John Schofield | 01:27:36 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:04:36 (26th) } \\ & \text { 01:04:36 (26th) } \end{aligned}$ | $\begin{aligned} & \text { 01:27:36 (26th) } \\ & \text { 00:23:00 (20th) } \end{aligned}$ |
| 27th | Michael Lloyd Wellgate Running Club | 01:29:30 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:05:35 (27th) } \\ & \text { 01:05:35 (27th) } \end{aligned}$ | $\begin{aligned} & \text { 01:29:30 (27th) } \\ & \text { 00:23:55 (24th) } \end{aligned}$ |
| 28th | Andrew Groves | 01:31:26 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:06:29 (29th) } \\ & \text { 01:06:29 (29th) } \end{aligned}$ | $\begin{aligned} & \text { 01:31:26 (28th) } \\ & \text { 00:24:57 (28th=) } \end{aligned}$ |
| 29th | Tristan Green Barnsley Harriers | 01:31:59 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:07:49 (34th) } \\ & \text { 01:07:49 (34th) } \end{aligned}$ | $\begin{aligned} & \text { 01:31:59 (29th) } \\ & \text { 00:24:10 (25th) } \end{aligned}$ |


| Pos | Name | Time | S Start | 1 FS CP | F Finish |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 30th | Colin Mason | 01:32:08 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:06:15 (28th) } \\ & \text { 01:06:15 (28th) } \end{aligned}$ | $\begin{aligned} & \text { 01:32:08 (30th) } \\ & \text { 00:25:53 (32nd) } \end{aligned}$ |
| 31st | Ryan Holden | 01:32:28 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:06:34 (30th) } \\ & \text { 01:06:34 (30th) } \end{aligned}$ | $\begin{aligned} & \text { 01:32:28 (31st) } \\ & 00: 25: 54 \text { (33rd) } \end{aligned}$ |
| 32nd | Will Norton | 01:32:31 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:07:22 (32nd) } \\ & \text { 01:07:22 (32nd) } \end{aligned}$ | $\begin{aligned} & \text { 01:32:31 (32nd) } \\ & \text { 00:25:09 (30th) } \end{aligned}$ |
| 33rd | David Brotherhood Unaffiliated | 01:32:35 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:06:43 (31st) } \\ & 01: 06: 43 \text { (31st) } \end{aligned}$ | $\begin{aligned} & \text { 01:32:35 (33rd) } \\ & 00: 25: 52 \text { (31st) } \end{aligned}$ |
| 34th | Andrew Naylor Belper Harriers | 01:32:42 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:07:45 (33rd) } \\ & 01: 07: 45 \text { (33rd) } \end{aligned}$ | $\begin{aligned} & \text { 01:32:42 (34th) } \\ & 00: 24: 57 \text { (28th=) } \end{aligned}$ |
| 35th | Liam Millband (no club) | 01:35:34 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:08:56 (35th) } \\ & \text { 01:08:56 (35th) } \end{aligned}$ | $\begin{aligned} & \text { 01:35:34 (35th) } \\ & \text { 00:26:38 (35th) } \end{aligned}$ |
| 36th | Chris Sanders (no club) | 01:35:45 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:09:30 (37th) } \\ & \text { 01:09:30 (37th) } \end{aligned}$ | $\begin{aligned} & \text { 01:35:45 (36th) } \\ & 00: 26: 15 \text { (34th) } \end{aligned}$ |
| 37th | Chris Wellard | 01:36:32 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:09:16 (36th) } \\ & \text { 01:09:16 (36th) } \end{aligned}$ | $\begin{aligned} & \text { 01:36:32 (37th) } \\ & \text { 00:27:16 (37th) } \end{aligned}$ |
| 38th | Sebastian Lunt (no club) | 01:38:42 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:10:44 (39th) } \\ & \text { 01:10:44 (39th) } \end{aligned}$ | $\begin{aligned} & \text { 01:38:42 (38th) } \\ & \text { 00:27:58 (40th) } \end{aligned}$ |
| 39th | Samuel Wattret | 01:38:46 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:10:45 (40th) } \\ & \text { 01:10:45 (40th) } \end{aligned}$ | $\begin{aligned} & \text { 01:38:46 (39th) } \\ & \text { 00:28:01 (41st) } \end{aligned}$ |
| 40th | Jonathan Guy | 01:39:14 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:12:07 (42nd) } \\ & \text { 01:12:07 (42nd) } \end{aligned}$ | $\begin{aligned} & \text { 01:39:14 (40th) } \\ & \text { 00:27:07 (36th) } \end{aligned}$ |
| 41st | Aitor de Gea Rico | 01:39:25 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:11:39 (41st) } \\ & \text { 01:11:39 (41st) } \end{aligned}$ | $\begin{aligned} & \text { 01:39:25 (41st) } \\ & \text { 00:27:46 (38th) } \end{aligned}$ |
| 42nd | Joel Wales No club | 01:40:07 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:10:23 (38th) } \\ & \text { 01:10:23 (38th) } \end{aligned}$ | $\begin{aligned} & \text { 01:40:07 (42nd) } \\ & 00: 29: 44 \text { (45th) } \end{aligned}$ |
| 43rd | Wesley Cole | 01:40:24 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:12:27 (44th) } \\ & \text { 01:12:27 (44th) } \end{aligned}$ | 01:40:24 (43rd) <br> 00:27:57 (39th) |
| 44th | Rajeshwar Bisht Unattached | 01:41:04 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:12:26 (43rd) } \\ & \text { 01:12:26 (43rd) } \end{aligned}$ | $\begin{aligned} & \text { 01:41:04 (44th) } \\ & 00: 28: 38 \text { (43rd) } \end{aligned}$ |
| 45th | Pete Tomlin | 01:43:12 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:14:48 (45th) } \\ & \text { 01:14:48 (45th) } \end{aligned}$ | 01:43:12 (45th) <br> 00:28:24 (42nd) |
| 46th | James Meath (no club) | 01:51:48 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:18:51 (46th) } \\ & \text { 01:18:51 (46th) } \end{aligned}$ | $\begin{aligned} & \text { 01:51:48 (46th) } \\ & \text { 00:32:57 (48th) } \end{aligned}$ |
| 47th | Stuart Cridland | 01:54:13 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | 01:22:51 (49th) <br> 01:22:51 (49th) | $\begin{aligned} & \text { 01:54:13 (47th) } \\ & 00: 31: 22 \text { (46th) } \end{aligned}$ |
| 48th | David Evans | 01:56:26 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:26:44 (51st) } \\ & \text { 01:26:44 (51st) } \end{aligned}$ | $\begin{aligned} & \text { 01:56:26 (48th) } \\ & 00: 29: 42 \text { (44th) } \end{aligned}$ |
| 49th | Michael Bax (no club) | 01:56:45 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:22:12 (47th) } \\ & \text { 01:22:12 (47th) } \end{aligned}$ | 01:56:45 (49th) <br> 00:34:33 (52nd) |
| 50th | Harry Hailwood (no club) | 01:56:55 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:22:28 (48th) } \\ & \text { 01:22:28 (48th) } \end{aligned}$ | $\begin{aligned} & \text { 01:56:55 (50th) } \\ & \text { 00:34:27 (51st) } \end{aligned}$ |
| 51st | Stuart Cutler | 01:59:51 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | 01:25:49 (50th) 01:25:49 (50th) | $\begin{aligned} & \text { 01:59:51 (51st) } \\ & \text { 00:34:02 (50th) } \end{aligned}$ |
| 52nd | Mike Williamson | 02:21:10 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:48:44 (53rd) } \\ & 01: 48: 44 \text { (53rd) } \end{aligned}$ | $\begin{aligned} & \text { 02:21:10 (52nd) } \\ & 00: 32: 26 \text { (47th) } \end{aligned}$ |
| 53rd | Rob Smith Wolds Veteran RC | 02:22:18 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:48:42 (52nd) } \\ & 01: 48: 42 \text { (52nd) } \end{aligned}$ | $\begin{aligned} & \text { 02:22:18 (53rd) } \\ & \text { 00:33:36 (49th) } \end{aligned}$ |

## Long MV40

## Split Times

15.4 km 432 m
Pos Name Time S Start 1 FS CP F Finish

| Pos | Name | Time | S Start | 1 FS CP | F Finish |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 1st | Paul Brampton Fradley Silver Foxes | 01:15:22 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 00:54:14 (1st) } \\ & \text { 00:54:14 (1st) } \end{aligned}$ | $\frac{01: 15: 22}{00: 21: 08}(\mathbf{1} \text { st })$ |
| 2nd | Pete Deacon Notts AC | 01:18:13 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 00:57:32 (4th) } \\ & 00: 57: 32 \text { (4th) } \end{aligned}$ | $\begin{aligned} & \text { 01:18:13 (2nd) } \\ & \text { 00:20:41 (2nd) } \end{aligned}$ |
| 3rd | Paul Reaney Killamarsh Kestrels | 01:18:39 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 00:59:04 (11th) } \\ & \text { 00:59:04 (11th) } \end{aligned}$ | $\begin{aligned} & \text { 01:18:39 (3rd) } \\ & \underline{00: 19: 35 ~(1 s t) ~} \end{aligned}$ |
| 4th | Hedley Coleman | 11:19:09 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 00:57:14 (3rd) } \\ & \text { 00:57:14 (3rd) } \end{aligned}$ | $\begin{aligned} & \text { 01:19:09 (4th) } \\ & \text { 00:21:55 (8th) } \end{aligned}$ |
| 5th | Paul Smith Valley Striders AC | 01:19:14 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 00:57:52 (7th) } \\ & 00: 57: 52 \text { (7th) } \end{aligned}$ | $\begin{aligned} & \text { 01:19:14 (5th) } \\ & \text { 00:21:22 (4th) } \end{aligned}$ |
| 6th | Robert Swallow (no club) | 01:19:19 | $\begin{aligned} & 00: 00: 00 \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 00:56:50 (2nd) } \\ & \text { 00:56:50 (2nd) } \end{aligned}$ | $\begin{aligned} & \text { 01:19:19 (6th) } \\ & \text { 00:22:29 (13th) } \end{aligned}$ |
| 7th | James Cook No club | 01:19:31 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 00:57:33 (5th) } \\ & \text { 00:57:33 (5th) } \end{aligned}$ | $\begin{aligned} & \text { 01:19:31 (7th) } \\ & \text { 00:21:58 (9th) } \end{aligned}$ |
| 8th | Damien Spratt Serpentine RC | 01:19:38 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 00:58:05 (8th=) } \\ & 00: 58: 05 \text { (8th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:19:38 (8th) } \\ & \text { 00:21:33 (5th) } \end{aligned}$ |
| 9th | David Foley <br> Trail Running Association | 01:19:51 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & 00: 58: 05 \text { (8th=) } \\ & 00: 58: 05 \text { (8th=) } \end{aligned}$ | $\begin{aligned} & \text { 01:19:51 (9th) } \\ & \text { 00:21:46 (7th) } \end{aligned}$ |
| 10th | James Boardwell Dark Peak Fell Runners | 01:19:55 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 00:58:13 (10th) } \\ & 00: 58: 13 \text { (10th) } \end{aligned}$ | $\begin{aligned} & \text { 01:19:55 (10th) } \\ & \text { 00:21:42 (6th) } \end{aligned}$ |
| 11th | John Reynolds Ilkeston Running Club | 01:20:13 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 00:57:35 (6th) } \\ & \text { 00:57:35 (6th) } \end{aligned}$ | $\begin{aligned} & \text { 01:20:13 (11th) } \\ & 00: 22: 38 \text { (14th) } \end{aligned}$ |
| 12th | Simon Ripton | 01:23:15 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 01:01:02 (12th) } \\ & \text { 01:01:02 (12th) } \end{aligned}$ | $\begin{aligned} & \text { 01:23:15 (12th) } \\ & \text { 00:22:13 (11th) } \end{aligned}$ |
| 13th | Simon Roberts Trail Running Association | 01:23:44 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 01:01:21 (13th) } \\ & \text { 01:01:21 (13th) } \end{aligned}$ | $\begin{aligned} & \text { 01:23:44 (13th) } \\ & 00: 22: 23 \text { (12th) } \end{aligned}$ |
| 14th | Leigh Cannon | 01:25:25 | $\begin{aligned} & 00: 00: 00 \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 01:03:25 (16th) } \\ & \text { 01:03:25 (16th) } \end{aligned}$ | $\begin{aligned} & \text { 01:25:25 (14th) } \\ & \text { 00:22:00 (10th) } \end{aligned}$ |
| 15th | Salvo De Simone GoodGym Race Team | 01:27:25 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 01:03:17 (15th) } \\ & \text { 01:03:17 (15th) } \end{aligned}$ | $\begin{aligned} & \text { 01:27:25 (15th) } \\ & 00: 24: 08 \text { (18th) } \end{aligned}$ |
| 16th | Shane Kent | 01:27:31 | $\begin{aligned} & 00: 00: 00 \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 01:03:15 (14th) } \\ & 01: 03: 15 \text { (14th) } \end{aligned}$ | $\begin{aligned} & \text { 01:27:31 (16th) } \\ & \text { 00:24:16 (19th) } \end{aligned}$ |
| 17th | Stephen Lewington | 01:27:41 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 01:04:31 (20th) } \\ & \text { 01:04:31 (20th) } \end{aligned}$ | $\begin{aligned} & \text { 01:27:41 (17th) } \\ & 00: 23: 10 \text { (15th) } \end{aligned}$ |
| 18th | Dean Hague Crystal Peaks Runners | 01:28:08 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 01:03:37 (17th) } \\ & \text { 01:03:37 (17th) } \end{aligned}$ | $\begin{aligned} & \text { 01:28:08 (18th) } \\ & 00: 24: 31 \text { (21st=) } \end{aligned}$ |
| 19th | Mark Chiva (no club) | 01:28:39 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 01:04:52 (21st=) } \\ & \text { 01:04:52 (21st=) } \end{aligned}$ | $\begin{aligned} & \text { 01:28:39 (19th) } \\ & \text { 00:23:47 (17th) } \end{aligned}$ |
| 20th | Bruce Donald | 01:28:41 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 01:04:10 (18th) } \\ & \text { 01:04:10 (18th) } \end{aligned}$ | $\begin{aligned} & \text { 01:28:41 (20th) } \\ & 00: 24: 31 \text { (21st=) } \end{aligned}$ |
| 21st | Paul Beckett <br> Dark Peak Fell Runners | 01:29:02 | $\begin{aligned} & 00: 00: 00 \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 01:05:49 (24th) } \\ & 01: 05: 49 \text { (24th) } \end{aligned}$ | $\begin{aligned} & \text { 01:29:02 (21st) } \\ & 00: 23: 13 \text { (16th) } \end{aligned}$ |
| 22nd | Mark Lolley <br> Tamworth Tearaways | 01:30:35 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 01:05:12 (23rd) } \\ & \text { 01:05:12 (23rd) } \end{aligned}$ | $\begin{aligned} & \text { 01:30:35 (22nd) } \\ & \text { 00:25:23 (26th) } \end{aligned}$ |
| 23rd | Paul Foley | 01:30:42 | $\begin{aligned} & 00: 00: 00 \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 01:04:20 (19th) } \\ & \text { 01:04:20 (19th) } \end{aligned}$ | $\begin{aligned} & \text { 01:30:42 (23rd) } \\ & \text { 00:26:22 (29th) } \end{aligned}$ |
| 24th | James Burton | 01:30:55 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 01:06:01 (25th) } \\ & \text { 01:06:01 (25th) } \end{aligned}$ | $\begin{aligned} & \text { 01:30:55 (24th) } \\ & 00: 24: 54 \text { (24th) } \end{aligned}$ |
| 25th | Chris Dorkes | 01:30:58 | $\begin{aligned} & 00: 00: 00 \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 01:06:10 (26th) } \\ & \text { 01:06:10 (26th) } \end{aligned}$ | $\begin{aligned} & \text { 01:30:58 (25th) } \\ & 00: 24: 48 \text { (23rd) } \end{aligned}$ |
| 26th | Adrian Bray | 01:31:15 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 01:04:52 (21st=) } \\ & 01: 04: 52(21 \mathrm{st}=) \end{aligned}$ | $\begin{aligned} & \text { 01:31:15 (26th) } \\ & \text { 00:26:23 (30th) } \end{aligned}$ |
| 27th | Mike Bell | 01:31:22 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 01:07:04 (29th) } \\ & \text { 01:07:04 (29th) } \end{aligned}$ | $\begin{aligned} & \text { 01:31:22 (27th) } \\ & \text { 00:24:18 (20th) } \end{aligned}$ |
| 28th | James May | 01:32:57 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 01:07:23 (31st) } \\ & \text { 01:07:23 (31st) } \end{aligned}$ | $\begin{aligned} & \text { 01:32:57 (28th) } \\ & \text { 00:25:34 (27th) } \end{aligned}$ |
| 29th | Kev Hewitt Steel City Striders | 01:33:17 | $\begin{aligned} & 00: 00: 00 \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 01:06:34 (28th) } \\ & \text { 01:06:34 (28th) } \end{aligned}$ | $\begin{aligned} & \text { 01:33:17 (29th) } \\ & \text { 00:26:43 (33rd) } \end{aligned}$ |


| Pos | Name | Time | S Start | 1 FS CP | F Finish |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 30th | Alasdair Cochrane | 01:33:39 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:07:19 (30th) } \\ & \text { 01:07:19 (30th) } \end{aligned}$ | $\begin{aligned} & \text { 01:33:39 (30th) } \\ & \text { 00:26:20 (28th) } \end{aligned}$ |
| 31st | Chris West (no club) | 01:33:50 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 01:06:25 (27th) } \\ & \text { 01:06:25 (27th) } \end{aligned}$ | $\begin{aligned} & \text { 01:33:50 (31st) } \\ & 00: 27: 25 \text { (35th) } \end{aligned}$ |
| 32nd | James Glover (no club) | 01:35:02 | $\begin{aligned} & 00: 00: 00 \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 01:10:01 (34th) } \\ & \text { 01:10:01 (34th) } \end{aligned}$ | $\begin{aligned} & \text { 01:35:02 (32nd) } \\ & 00: 25: 01 \text { (25th) } \end{aligned}$ |
| 33rd | Mark Day Marple Runners | 01:35:36 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:08:30 (33rd) } \\ & \text { 01:08:30 (33rd) } \end{aligned}$ | $\begin{aligned} & \text { 01:35:36 (33rd) } \\ & \text { 00:27:06 (34th) } \end{aligned}$ |
| 34th | Phil Thompson | 01:35:49 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:07:49 (32nd) } \\ & \text { 01:07:49 (32nd) } \end{aligned}$ | $\begin{aligned} & \text { 01:35:49 (34th) } \\ & 00: 28: 00 \text { (38th) } \end{aligned}$ |
| 35th | Stephen Birch Lonely Goats RC | 01:37:16 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 01:10:44 (35th) } \\ & \text { 01:10:44 (35th) } \end{aligned}$ | $\begin{aligned} & \text { 01:37:16 (35th) } \\ & 00: 26: 32 \text { (31st) } \end{aligned}$ |
| 36th | Chris Goddard (no club) | 01:38:36 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:10:46 (36th) } \\ & \text { 01:10:46 (36th) } \end{aligned}$ | $\begin{aligned} & \text { 01:38:36 (36th) } \\ & 00: 27: 50 \text { (37th) } \end{aligned}$ |
| 37th | Andrew Bidolak -Individual- | 01:41:55 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:14:06 (37th) } \\ & \text { 01:14:06 (37th) } \end{aligned}$ | $\begin{aligned} & \text { 01:41:55 (37th) } \\ & 00: 27: 49 \text { (36th) } \end{aligned}$ |
| 38th | Robert Allcock | 01:44:09 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | 01:14:20 (38th) <br> 01:14:20 (38th) | $\begin{aligned} & \text { 01:44:09 (38th) } \\ & \text { 00:29:49 (39th) } \end{aligned}$ |
| 39th | Matthew Windle | 01:44:51 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 01:18:17 (40th) } \\ & \text { 01:18:17 (40th) } \end{aligned}$ | 01:44:51 (39th) <br> 00:26:34 (32nd) |
| 40th | James Bagnall | 01:47:09 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | 01:14:26 (39th) <br> 01:14:26 (39th) | 01:47:09 (40th) 00:32:43 (42nd) |
| 41st= | Neil Nicolson Beeston AC | 01:58:08 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 01:26:27 (42nd) } \\ & \text { 01:26:27 (42nd) } \end{aligned}$ | $\begin{aligned} & \text { 01:58:08 (41st=) } \\ & 00: 31: 41 \text { (41st) } \end{aligned}$ |
| 41st= | Richard Green n/a | 01:58:08 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 01:23:25 (41st) } \\ & \text { 01:23:25 (41st) } \end{aligned}$ | $\begin{aligned} & \text { 01:58:08 (41st=) } \\ & \text { 00:34:43 (44th) } \end{aligned}$ |
| 43rd | Jaime Aldaya (no club) | 02:00:28 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 01:26:34 (43rd) } \\ & \text { 01:26:34 (43rd) } \end{aligned}$ | $\begin{aligned} & \text { 02:00:28 (43rd) } \\ & 00: 33: 54 \text { (43rd) } \end{aligned}$ |
| 44th | Rich Purdy Danum Harriers | 02:23:38 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 01:52:58 (44th) } \\ & \text { 01:52:58 (44th) } \end{aligned}$ | $\begin{aligned} & \text { 02:23:38 (44th) } \\ & \text { 00:30:40 (40th) } \end{aligned}$ |

## Long MV50

## Split Times

15.4 km 432 m

| Pos | Name | Time | S Start | 1 FS CP | F Finish |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 1st | Mark David | 01:15:12 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 00:55:11 (1st) } \\ & \text { 00:55:11 (1st) } \end{aligned}$ | $\begin{aligned} & \text { 01:15:12 (1st) } \\ & \text { 00:20:01 (1st) } \end{aligned}$ |
| 2nd | Brendan Smith (no club) | 01:23:43 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 01:01:40 (2nd) } \\ & \text { 01:01:40 (2nd) } \end{aligned}$ | $\begin{aligned} & \text { 01:23:43 (2nd) } \\ & \text { 00:22:03 (2nd) } \end{aligned}$ |
| 3rd | Chris Curtis | 01:25:07 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 01:02:38 (3rd) } \\ & \text { 01:02:38 (3rd) } \end{aligned}$ | $\begin{aligned} & \text { 01:25:07 (3rd) } \\ & \text { 00:22:29 (3rd) } \end{aligned}$ |
| 4th | David Lee <br> Wellgate Running Club | 01:26:38 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 01:03:01 (4th) } \\ & \text { 01:03:01 (4th) } \end{aligned}$ | $\begin{aligned} & \text { 01:26:38 (4th) } \\ & 00: 23: 37 \text { (10th) } \end{aligned}$ |
| 5th | Jonathan Trezise (no club) | 01:26:54 | $\begin{aligned} & 00: 00: 00 \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 01:03:59 (5th) } \\ & 01: 03: 59 \text { (5th) } \end{aligned}$ | $\begin{aligned} & \text { 01:26:54 (5th) } \\ & \text { 00:22:55 (5th) } \end{aligned}$ |
| 6th | Richard Needham Dark Peak Fell Runners | 01:27:36 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 01:04:56 (6th) } \\ & \text { 01:04:56 (6th) } \end{aligned}$ | $\begin{aligned} & \text { 01:27:36 (6th) } \\ & \text { 00:22:40 (4th) } \end{aligned}$ |
| 7th | Ken Jeffery <br> Belper Ten Twenty Triathlon Club | 01:28:05 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 01:05:02 (7th) } \\ & \text { 01:05:02 (7th) } \end{aligned}$ | $\begin{aligned} & \text { 01:28:05 (7th) } \\ & \text { 00:23:03 (6th=) } \end{aligned}$ |
| 8th | Stephen Ray <br> Knowle \& Dorridge RC | 01:29:32 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 01:06:10 (8th) } \\ & \text { 01:06:10 (8th) } \end{aligned}$ | $\begin{aligned} & \text { 01:29:32 (8th) } \\ & 00: 23: 22 \text { (8th) } \end{aligned}$ |
| 9th | Andy Rowlinson | 01:30:08 | $\begin{aligned} & \text { 00:00:00 } \\ & 00: 00: 00 \end{aligned}$ | $\begin{aligned} & \text { 01:06:43 (9th) } \\ & \text { 01:06:43 (9th) } \end{aligned}$ | $\begin{aligned} & \text { 01:30:08 (9th) } \\ & \text { 00:23:25 (9th) } \end{aligned}$ |


| Pos | Name | Time | S Start | 1 FS CP | F Finish |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 10th | Peter Weir <br> Ranelagh Harriers | 01:31:57 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:08:54 (11th) } \\ & \text { 01:08:54 (11th) } \end{aligned}$ | $\begin{aligned} & \text { 01:31:57 (10th) } \\ & \text { 00:23:03 (6th=) } \end{aligned}$ |
| 11th | Gary Galpin Unattached | 01:32:57 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:07:29 (10th) } \\ & \text { 01:07:29 (10th) } \end{aligned}$ | $\begin{aligned} & \text { 01:32:57 (11th) } \\ & \text { 00:25:28 (13th) } \end{aligned}$ |
| 12th | Darren Coggins | 01:34:40 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:10:13 (12th) } \\ & \text { 01:10:13 (12th) } \end{aligned}$ | $\begin{aligned} & \text { 01:34:40 (12th) } \\ & \text { 00:24:27 (11th) } \end{aligned}$ |
| 13th | Michael Cadman | 01:38:59 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | 01:12:03 (13th) <br> 01:12:03 (13th) | $\begin{aligned} & \text { 01:38:59 (13th) } \\ & \text { 00:26:56 (16th) } \end{aligned}$ |
| 14th | Mick Oliver | 01:40:32 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | 01:14:10 (14th) <br> 01:14:10 (14th) | $\begin{aligned} & \text { 01:40:32 (14th) } \\ & \text { 00:26:22 (15th) } \end{aligned}$ |
| 15th | Tony Park Stockport Harriers \& AC | 01:42:03 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:16:57 (15th) } \\ & \text { 01:16:57 (15th) } \end{aligned}$ | $\begin{aligned} & \text { 01:42:03 (15th) } \\ & \text { 00:25:06 (12th) } \end{aligned}$ |
| 16th | Paul Pearce | 01:43:16 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | 01:17:16 (16th) 01:17:16 (16th) | $\begin{aligned} & \text { 01:43:16 (16th) } \\ & \text { 00:26:00 (14th) } \end{aligned}$ |
| 17th | Dave Hinds | 01:47:59 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:20:12 (17th) } \\ & \text { 01:20:12 (17th) } \end{aligned}$ | $\begin{aligned} & \text { 01:47:59 (17th) } \\ & \text { 00:27:47 (17th) } \end{aligned}$ |
| 18th | David Pashler | 01:54:25 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:25:47 (18th) } \\ & \text { 01:25:47 (18th) } \end{aligned}$ | $\begin{aligned} & \text { 01:54:25 (18th) } \\ & \text { 00:28:38 (18th) } \end{aligned}$ |
| 19th | Kevin Smith No club | 01:56:00 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:26:26 (22nd) } \\ & \text { 01:26:26 (22nd) } \end{aligned}$ | $\begin{aligned} & \text { 01:56:00 (19th) } \\ & \text { 00:29:34 (19th) } \end{aligned}$ |
| 20th | Jim O'Sullivan (no club) | 01:56:06 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:26:16 (21st) } \\ & \text { 01:26:16 (21st) } \end{aligned}$ | $\begin{aligned} & \text { 01:56:06 (20th) } \\ & \text { 00:29:50 (20th) } \end{aligned}$ |
| 21st | Peter Rushton (no club) | 01:56:32 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:25:48 (19th) } \\ & \text { 01:25:48 (19th) } \end{aligned}$ | $\begin{aligned} & \text { 01:56:32 (21st) } \\ & 00: 30: 44 \text { (21st) } \end{aligned}$ |
| 22nd | Simon Phillips (no club) | 01:57:03 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:26:07 (20th) } \\ & \text { 01:26:07 (20th) } \end{aligned}$ | $\begin{aligned} & \text { 01:57:03 (22nd) } \\ & \text { 00:30:56 (22nd=) } \end{aligned}$ |
| 23rd | Darrell Williamson Sleaford Striders AC | 02:00:28 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:28:12 (23rd) } \\ & \text { 01:28:12 (23rd) } \end{aligned}$ | $\begin{aligned} & \text { 02:00:28 (23rd) } \\ & \text { 00:32:16 (24th) } \end{aligned}$ |
| 24th | Simon Wood (no club) | 02:01:19 | $\begin{aligned} & \text { 00:00:00 } \\ & \text { 00:00:00 } \end{aligned}$ | $\begin{aligned} & \text { 01:30:23 (24th) } \\ & \text { 01:30:23 (24th) } \end{aligned}$ | $\begin{aligned} & \text { 02:01:19 (24th) } \\ & \text { 00:30:56 (22nd=) } \end{aligned}$ |

## Long MV60

## Split Times

15.4km 432m

| Pos | Name | Time | S Start | 1 FS CP | F Finish |
| :--- | :--- | ---: | :---: | :---: | :---: |
| 1st | Peter Brown | $01: 32: 16$ | $00: 00: 00$ | $\underline{\mathbf{0 1}: 07: 54}$ (1st) | $\underline{\mathbf{0 1 : 3 2 : 1 6}}$ (1st) |
|  | Steel City Striders |  | $00: 00: 00$ | $\mathbf{0 1 : 0 7 : 5 4}$ (1st) | $\underline{\mathbf{0 0 : 2 4 : 2 2}}$ (1st) |
| 2nd | John Cooke | $01: 34: 48$ | $00: 00: 00$ | $01: 09: 41$ (2nd) | $01: 34: 48$ (2nd) |
|  | Cannock \& Stafford AC |  | $00: 00: 00$ | $01: 09: 41$ (2nd) | $00: 25: 07$ (2nd) |
| 3rd | Christopher Purse | $01: 39: 33$ | $00: 00: 00$ | $01: 09: 48$ (3rd) | $01: 39: 33$ (3rd) |
|  | Springfield Striders RC |  | $00: 00: 00$ | $01: 09: 48$ (3rd) | $00: 29: 45$ (4th) |
| 4th | Alan Robinson | $01: 56: 33$ | $00: 00: 00$ | $01: 27: 01$ (4th) | $01: 56: 33$ (4th) |
|  | CMF |  | $00: 00: 00$ | $01: 27: 01$ (4th) | $00: 29: 32$ (3rd) |

