

Results for Limestone Way Trail Run 2019 - 06 Oct 2019

Course Results

Half

M

27.5km 599m

Pos	No.	Name	Club	Category	Time	Behind	Award
1st	205	Tom McGuinness	East Cheshire Harriers & Tameside AC	M	02:11:28		Gold
2nd	130	Andy Charlton	(no club)	M	02:16:34	+00:05:06	Gold
3rd	245	James Stockton	(no club)	M	02:39:58	+00:28:30	Gold
4th	233	John Schofield		M	02:47:16	+00:35:48	Gold
5th	244	Alexander Stockenhuber	(no club)	M	02:48:05	+00:36:37	Gold
6th	222	Vicente Ponsoda	(no club)	M	02:49:11	+00:37:43	Gold
7th	190	Nick Leach	Eynsham Road Runners	M	02:51:10	+00:39:42	Silver
8th	264	Liam Whitehead	Fell Running Association	M	02:59:00	+00:47:32	Silver
9th	119	Tom Brockwell	Valley Hill Runners	M	03:06:09	+00:54:41	Silver
10th	209	Javier Moreno de Vega	(no club)	M	03:09:30	+00:58:02	Silver
11th	127	Rick Bysouth		M	03:09:33	+00:58:05	Silver
12th	189	Tom Langan	-Individual-	M	03:27:04	+01:15:36	Bronze
13th	145	Matthew Dillon	Chapel Allerton Runners	M	03:27:07	+01:15:39	Bronze
14th	234	Matthew Shepherd	(no club)	M	03:41:22	+01:29:54	Bronze
15th	125	Rudy Butler	(no club)	M	03:54:13	+01:42:45	Bronze
16th	192	Paul Levett		M	04:10:12	+01:58:44	Bronze
17th	248	Neville Tam	Youlgrave Yodelers	M	04:10:29	+01:59:01	Bronze
18th	227	Chris Robson	(no club)	M	04:22:37	+02:11:09	Bronze
19th	176	Malte Jansen		M	04:35:01	+02:23:33	Bronze

MV40

27.5km 599m

Pos	No.	Name	Club	Category	Time	Behind	Award
1st	258	Andrew Watson	Erewash Valley RC	MV40	02:29:36		Gold
2nd	259	Mark Wearmouth	(no club)	MV40	02:47:25	+00:17:49	Gold
3rd	121	Ross Buddie	Youlgrave Yodelers	MV40	02:48:06	+00:18:30	Gold
4th	174	Richard James		MV40	02:53:40	+00:24:04	Silver
5th	135	James Coppinger	(no club)	MV40	02:55:31	+00:25:55	Silver
6th	268	Craig Wilson		MV40	03:00:27	+00:30:51	Silver
7th	133	Adrian Chudyk	(no club)	MV40	03:04:20	+00:34:44	Silver
8th	301	Damian Hudson		MV40	03:06:12	+00:36:36	Silver
9th	126	John Bysouth		MV40	03:15:06	+00:45:30	Silver
10th	171	Mark Hoult	Ivanhoe Runners	MV40	03:15:32	+00:45:56	Silver
11th	141	Ben Davies		MV40	03:20:51	+00:51:15	Bronze
12th	237	Darren Sims	(no club)	MV40	03:22:52	+00:53:16	Bronze
13th	165	Matt Harris	Sinfin Running Club	MV40	03:35:58	+01:06:22	Bronze
14th	267	Ian Williamson	(no club)	MV40	03:37:40	+01:08:04	Bronze
15th	108	Nick Barnes		MV40	03:41:20	+01:11:44	Bronze
16th	180	Chris Jones	(no club)	MV40	03:47:29	+01:17:53	Bronze
17th	215	Mark Page	Sleaford Striders AC	MV40	04:05:14	+01:35:38	Bronze
18th	142	Thierry Del Corso		MV40	04:14:05	+01:44:29	Bronze
19th	201	Simon McCallum	Michelin AC	MV40	04:28:26	+01:58:50	Bronze
20th	250	Mathias Thierbach		MV40	04:35:02	+02:05:26	Bronze

MV50

27.5km 599m

Pos	No.	Name	Club	Category	Time	Behind	Award	Penalties
1st	150	Mark Elwis	Matlock Athletic Club	MV50	02:27:58		Gold	
2nd	164	Gareth Hardman	Bridgend Athletic Club	MV50	02:41:03	+00:13:05	Gold	
3rd	230	Andy Rowlinson		MV50	02:52:04	+00:24:06	Silver	
4th	195	Scott Lunn	(no club)	MV50	03:13:55	+00:45:57	Silver	
5th	153	Steven Farmer	Trentham RC	MV50	03:20:23	+00:52:25	Bronze	
6th	253	Mike Turner	Fleckney & Kibworth Athletics Club	MV50	03:21:45	+00:53:47	Bronze	
7th	266	Darrell Williamson	Sleaford Striders AC	MV50	03:35:24	+01:07:26	Bronze	
8th	111	Antony Birks	(no club)	MV50	03:38:02	+01:10:04	Bronze	
9th	103	Nigel Ash	Trail Running Association	MV50	03:48:47	+01:20:49	Bronze	
10th	163	Pete Halson	(no club)	MV50	03:52:31	+01:24:33	Bronze	
11th	106	Stephen Banks	Sleaford Striders AC	MV50	03:55:26	+01:27:28	Bronze	
12th	265	Peter Whitehead	(no club)	MV50	04:01:06	+01:33:08	Bronze	00:10:00
13th	148	Mick Durkin	Sleaford Striders AC	MV50	04:06:19	+01:38:21	Bronze	
14th	274	Paul Zergi	Barton & District AC	MV50	04:13:14	+01:45:16	Bronze	
15th	114	Colin Bourne	Michelin AC	MV50	04:33:21	+02:05:23	Bronze	

MV60

27.5km 599m

Pos	No.	Name	Club	Category	Time	Behind	Award
1st	147	Kevin Douglas	Goyt Valley Striders	MV60	02:52:35		Silver
2nd	173	John Ingram	(no club)	MV60	03:35:34	+00:42:59	Bronze
3rd	249	Michael Taylor	(no club)	MV60	03:40:55	+00:48:20	Bronze
4th	118	Mark Brennan	Fell Running Association	MV60	03:41:52	+00:49:17	Bronze
5th	175	Ian Jameson		MV60	04:03:51	+01:11:16	Bronze
6th	235	Robin Sibson	(no club)	MV60	04:12:22	+01:19:47	Bronze
7th	187	Jim Kirkland	Greenwich Tritons Triathlon Club	MV60	04:30:08	+01:37:33	Bronze

F

27.5km 599m

Pos	No.	Name	Club	Category	Time	Behind	Award
1st	204	Lily McGuinness	East Cheshire Harriers & Tameside AC	F	02:44:24		Gold
2nd	162	Heather Haggis	London City Athletics Club	F	02:46:49	+00:02:25	Gold
3rd	271	Amie Woodward		F	02:48:40	+00:04:16	Gold
4th	231	Rosa Sampson Geroski	Steel City Striders RC	F	02:56:25	+00:12:01	Gold
5th	300	Helen Berry		F	03:06:12	+00:21:48	Silver
6th	161	Emily Goupillon	(no club)	F	03:20:45	+00:36:21	Silver
7th	262	Esme Westgate	(no club)	F	03:20:47	+00:36:23	Silver
8th	181	Shelley Jones	Greenwich Tritons Triathlon Club	F	03:24:18	+00:39:54	Silver
9th	225	Sally Purday	Notts Women Runners	F	03:26:46	+00:42:22	Silver
10th	275	Valeria Zonato	West End Runners	F	03:28:15	+00:43:51	Silver
11th	132	Rachel Cholerton	(no club)	F	03:38:32	+00:54:08	Bronze
12th	196	Kris Mackay	(no club)	F	03:41:33	+00:57:09	Bronze
13th	182	Rachel Kearns		F	03:43:53	+00:59:29	Bronze
14th	240	Evlyn Smith	-Individual-	F	03:53:48	+01:09:24	Bronze
15th	270	Hilary Wood	Youlgrave Yodelers	F	03:59:50	+01:15:26	Bronze
16th	159	Jessica Gillingwater	Youlgrave Yodelers	F	03:59:55	+01:15:31	Bronze
17th	143	Sarah Denman	St Theresa's A.C.	F	04:09:29	+01:25:05	Bronze
18th	120	Amber Brown		F	04:10:11	+01:25:47	Bronze
19th	184	Bryony Keyse	(no club)	F	04:12:21	+01:27:57	Bronze
20th	197	Claire Maley	Redway Runners	F	04:22:37	+01:38:13	Bronze
21st	211	Helen Nicholls	Trentham RC	F	04:28:41	+01:44:17	Bronze

Pos	No.	Name	Club	Category	Time	Behind	Award
22nd	168	Alinta Higgs	(no club)	F	04:43:12	+01:58:48	Bronze

FV40

27.5km 599m

Pos	No.	Name	Club	Category	Time	Behind	Award
1st	210	Ruth Muir	St Theresa's A.C.	FV40	02:51:17		Gold
2nd	160	Helen Gould	(no club)	FV40	02:58:27	+00:07:10	Gold
3rd	151	Helen Emmerson	Matlock Athletic Club	FV40	03:03:22	+00:12:05	Gold
4th	257	Abigail Waterfall	Matlock Athletic Club	FV40	03:13:34	+00:22:17	Silver
5th	138	Natalie Cunningham	Worksop Harriers	FV40	03:14:49	+00:23:32	Silver
6th	208	Fanny Monteiro	(no club)	FV40	03:16:47	+00:25:30	Silver
7th	172	Victoria Hufton		FV40	03:17:31	+00:26:14	Silver
8th	154	Harriet Fielder		FV40	03:25:24	+00:34:07	Silver
9th	260	Carole Webster		FV40	03:26:15	+00:34:58	Silver
10th	217	Fay Parker	Notfast RC	FV40	03:29:04	+00:37:47	Silver
11th	269	Claire Wood	Notfast RC	FV40	03:29:06	+00:37:49	Silver
12th	140	Nikki Dales	Notfast RC	FV40	03:32:40	+00:41:23	Silver
13th	167	Hannah Hickman		FV40	03:35:14	+00:43:57	Bronze
14th	122	Anna Brown		FV40	03:38:56	+00:47:39	Bronze
15th	220	Caroline Payne	Unattached	FV40	03:39:12	+00:47:55	Bronze
16th	116	Fiona Bowyer	Uttoxeter Road Runners	FV40	03:40:14	+00:48:57	Bronze
17th	107	Lindsay Barnes	(no club)	FV40	03:41:22	+00:50:05	Bronze
18th	191	Claire Leigh	Washlands Women Runners	FV40	03:51:33	+01:00:16	Bronze
19th	178	Natalie Johnson	-Individual-	FV40	03:54:15	+01:02:58	Bronze
20th	146	Gemma Dodsworth	Sleaford Striders AC	FV40	04:03:03	+01:11:46	Bronze
21st	199	C Martin	Grantham Running Club	FV40	04:05:00	+01:13:43	Bronze
22nd	247	Tracey Sunman	Sleaford Striders AC	FV40	04:05:16	+01:13:59	Bronze
23rd	252	Sara Tones	Sleaford Striders AC	FV40	04:06:35	+01:15:18	Bronze
24th	216	Sharon Palmer	Sleaford Striders AC	FV40	04:06:41	+01:15:24	Bronze
25th	256	Wendela Wapenaar		FV40	04:07:41	+01:16:24	Bronze
26th	110	Lisa Belford-McDowell	St Theresa's A.C.	FV40	04:09:37	+01:18:20	Bronze
27th	193	Liz Lindstrom	Scunthorpe & District AC	FV40	04:13:13	+01:21:56	Bronze
28th	263	Demelza Whitbread	(no club)	FV40	04:19:53	+01:28:36	Bronze
29th=	228	Siobhan Root	Michelin AC	FV40	04:28:30	+01:37:13	Bronze
29th=	136	Jo Cotton	Michelin AC	FV40	04:28:30	+01:37:13	Bronze
31st	177	Nicola Jennings	Trentham RC	FV40	04:28:35	+01:37:18	Bronze
32nd	117	Sarah Breeds	Sleaford Striders AC	FV40	05:20:43	+02:29:26	Bronze
33rd	219	Sue Patrick	Sleaford Striders AC	FV40	05:20:48	+02:29:31	Bronze
34th	218	Jo Patrick	Sleaford Striders AC	FV40	05:20:51	+02:29:34	Bronze

FV50

27.5km 599m

Pos	No.	Name	Club	Category	Time	Behind	Award
1st	203	Sian McGoldrick	Aberdare Valley Amateur Athletic Club	FV50	03:25:54		Silver
2nd	207	Sharon Messam	Holme Pierrepont RC	FV50	03:37:19	+00:11:25	Bronze
3rd	214	Geraldine O'Grady-Thomas	(no club)	FV50	03:43:09	+00:17:15	Bronze
4th	241	Ruth Smith		FV50	03:53:04	+00:27:10	Bronze
5th	261	Jennifer Weir		FV50	04:02:57	+00:37:03	Bronze
6th	239	Michelle Smale	St Theresas A C	FV50	04:09:24	+00:43:30	Bronze
7th	166	Julie Heselgrave	St Theresa's A.C.	FV50	04:09:36	+00:43:42	Bronze
8th	113	Melisa Blunt		FV50	04:28:25	+01:02:31	Bronze
9th	115	Carol Bowen	Trail Tuesday	FV50	04:28:33	+01:02:39	Bronze
10th	144	Tracey Dickinson	Sleaford Striders AC	FV50	05:20:29	+01:54:35	Bronze

